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THE METAPHYSICS OF THE BIBLE

W. I. Hoschouer

THE metaphysical interpretation of the Bible reveals many beautiful meanings hitherto unknown. New thought and new teaching confront one at every step, as the spiritual message of the Word is understood in its personal application. For many centuries the Bible has been interpreted in a biographical, historical and exoteric religious sense, and not until recently was it even suspected that it contains a perfect analysis of individual man and offers a perfect plan for his soul unfoldment.

So long as Christians thought that man was saved by belief and that his own personal regeneration was not a necessary part of his salvation, the esoteric teaching of the Bible was not discovered. Religious thinkers were satisfied with the orthodox idea of God, Christ, heaven, hell, atonement, and they fought sturdily against any argument that questioned their understanding of these great realities of human experience. Most of the independent thinkers went into Agnosticism, and either ignored or attacked with great bitterness the very foundation principles of Christianity. But as time went on a new type of thinkers appeared; men who sought the spiritual essence of the Word, and who believed that orderly and perfect unfoldment of all the spiritual powers of the individual was the sole aim and purpose of life. To these, belief was but a beginning, and faith had to become a vital fact of personal experience, evidenced by actual demonstration of soul growth in the individual. No longer could one be a Christian "for nigh onto forty year"

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without showing some marked indications of spiritual development.

The basis for this new and revolutionary thinking was found in the metaphysical interpretation of the Scriptures. These investigators went as spiritual miners into the depths of the inspired Word and brought to the surface its hidden gold. They examined its sources, not in time and form, but in spirit and life, and made the startling discovery that it was not a mere code or rule of faith, but a living, growing body of Truth, the consciousness of God in manifestation. The Bible then became more than crystallized Divine thought, a course of instruction, or an object of credulous belief. It was found to be a bubbling spring of spiritual Life, Wisdom and Power, with its source in the eternal throbbing heart of God. A new light dawned on the sacred page and a new plan of life was seen enfolded there—a plan that laid bare the heart of man and showed with startling clearness the course of his evolution.

When the curtain of misunderstanding had been lifted and the spiritual radiance streamed forth, the exoteric or outer meaning of the Scriptures assumed new significance. Cities mentioned in the text were found to indicate planes or states of consciousness, and the meaning of the names indicated the quality of those states. Men and women became the expressions of the masculine and the feminine elements in each person, as found in the objective and subjective consciousness, the positive and negative, the active and passive phases of the creative power. Historical incidents and personal experiences marked the stages of individual soul unfoldment. Heaven and hell were discovered to be states of consciousness in the individual, as Jesus had pointed out, as well as localities established by external thinking. God and Christ were understood as universal Life, Spirit, Love and Power, and not personalities, as set forth in the exoteric interpretation, and regeneration was revealed as God's will and purpose for the individual life.

The key to this inner treasury in the Temple of Truth was Jesus' saying, "My words are Spirit and they are Life,"

and "He that keepeth my sayings shall never see death." Inspired by the glory of the promise, earnest souls delved deep into the mysteries of being and by constant searching found the Kingdom within. Led by the Holy Spirit, The Interpreter, and through the regenerating power of the indwelling Christ, they are proving day by day the truth of Jesus' words, and a new age has dawned for them—the age of Peace and Love.

To make clear these principles of metaphysical interpretation of the Scriptures as applied in Practical Christianity, let us analyze a portion of the Word.

Open your Bible at the second chapter of Luke and study with me the sweetest, most wonderful story ever told—the story of the birth of Jesus. It begins by mentioning a decree of the Roman ruler. Now, in the individual consciousness, rulership implies the joint activity of reason and will; therefore, "Cæsar Augustus" refers to the personal self ruling through reason and will both mind and body, as indicated by the "world," forcing all the faculties and powers to pay tribute in slavish carnal service. This is the natural attitude of the unspiritualized or Adam consciousness. In "Cyrenius" there is also a ruling or directing idea, indicating personal self living in intellect (Syria) and governing being from that point of view. This is the source of worldly wisdom and gives rise to materialistic thoughts and feelings and carnal conditions in general. "City" means personal consciousness, and the expression "each into his own city" shows clearly that the writer intended this account to be understood strictly in a personal sense. He does not say that each one went to the capitol city of his own province, but that each went "into his own city," that is, his own consciousness. Notice the word "into." Each went "into " his own city, which still more clearly indicates the withdrawing of the attention from the outer consciousness and centering it in the inner regions of the mind.

It would be well to notice carefully the particularizations given in verse four. Joseph is described as having gone "up from Galilee, out of the city of Nazareth, into

Judea, unto the city of David, which is called Bethlehem." Why the mention of all these names and in this particular order? "Joseph went up from Galilee unto Bethlehem," would have been sufficient to convey the meaning if the writer was narrating a mere historical incident, but since he specified so carefully, we are led to believe that the words were intended to convey another and a deeper meaning. In order to determine this, let us uncover the metaphysical or spiritual signification of the words themselves. "Joseph" represents the Spiritual, or Real Self in its masculine aspect or function, working through intuition in mind and body building processes. As a man, he was a carpenter, hence as a Principle of Being, he would represent that which constructs or builds in a mental sense.

"As Galilee was a despised part of Palestine, so was Nazareth a despised part of Galilee," says *The Popular and Critical Bible Encyclopedia.* "Galilee," then, is another name for the mortal or unregenerated human consciousness, and "Nazareth" represents a faculty or center in that consciousness. Notice that Joseph did not remain in these places—he left them and went into Judea. The Hebrew meaning of "Judea" (Judah) is "praise." This means that Joseph, or Self, let loose of carnal thought and rose into a purer and more spiritual or praising attitude of mind. Observe that the text says that "he went up." This very pointedly indicates a rising from a lower to a higher plane of thinking and living in the process of soul unfoldment. The narrative continues by saying that "he went unto a city of David, which is called Bethlehem." The name "David," in Hebrew, means "beloved," and as "city" means consciousness, Joseph then went up from the mortal or carnal plane into spiritual or divine Love consciousness. It is very necessary to fix this idea firmly in mind, because it is the essence of the whole teaching.

Now, "Bethlehem," which is here used synonomously with "city of David," signifies "House of bread," and also "thanksgiving" or, in Hebrew, "Praise for sustenance." It is clear that Joseph's going up symbolizes the ascent or in-

crease of the soul in love consciousness, until that point is reached where one realizes that the substance of Spirit is his source of supply, and gives thanks for the same. Note especially that he went "because he was of the house and lineage of David." Why this additional and parenthetical reference, if not to impress upon the mind more vividly, that ascent, development or attainment is possible only through the cultivation of the love nature?

"Mary, his espoused wife," is descriptive of Self in its feminine aspect or expression; in other words, the creative subconsciousness purified or made virgin through the influence of Spirit. That she was only his "espoused wife" shows that the objective, masculine (Jospeh), and the subjective, feminine (Mary), mind powers had not yet been made one in perfect understanding. The birth of the Christ Idea was required to perfect their harmonious relation. "While they were there" refers to the holding of Self in the spiritual attitude of mind until the Christ spirit, or Jesus nature, is born in the heart. "She brought forth her first born son" is indicative of the Christ Spirit, Thought or Idea taking definite shape in consciousness. The Christ Idea having been previously impressed upon the feminine subconscious mind through suggestive impregnation by the masculine element or Father Spirit—God, and having completed its prenatal subconscious development, is born into the objective mind, that is, the individual becomes aware of the new state of mind that has been formed in him. This is indicated by a great quickening of the Love nature and an ever increasing desire for purity and general spiritual attainment.

The phrase "swaddling clothes" suggests the feeble beginning of the Christ consciousness in the individual. When the light of Spirit comes like a luminous dawn revealing the realities of life, one becomes as a little child, and thus enters the Kingdom of Spirit within himself.

"Inn" symbolizes the intellect, the objective or outer phase of mind, filled with impressions from the world of sense and in which there is no room for spiritual thoughts. Before Joseph and Mary could have found room in the inn

some of the guests already there would have had to leave. Likewise, before spiritual ideas and emotions can have place in the outer consciousness, some at least of the materialistic thoughts now there must be eliminated.

The "shepherds" spoken of in verse eight describes the nature and function of certain spiritual faculties such as, Veneration, the spirit of worship; Conscientiousness, the sense of right; Benevolence, the unselfish desire to help; Intuition, the direct recognition and understanding of psychic impulses; Friendship, the associational desire; Conjugality, the love or mating, emotion. Others might be mentioned, but these are sufficient to explain the existence and identity of those mental "shepherds" constantly watching, leading and protecting their "flocks" of spiritual thoughts, ideas and feelings in the "fields" of the human consciousness, during the long "night" of error, when materialism holds sway in thought and life. "The angel of the Lord" is a definite, positive spiritual impulse direct from God to the individual, making him aware of his inherent spiritual nature and powers; and the glory of the Lord represents the illumination of soul that comes when the personal consciousness contacts *I Am* and is flooded with Love divine. The admonition, "Fear not," calls attention to the disturbance caused in mind by the inflow of Spirit, and "good tidings of great joy" explains exactly the effect produced when the sweet harmony of Love begins to pervade every atom of being. "For unto you is born" sets forth the cause of the rejoicing, the bringing forth in consciousness of the God Idea. "This day"—now—or just when, through surrender of personality, you feel the strengthening, cleansing, transforming power of the Truth in you. "In the city of David"—that region of the mind where the love forces exist and express or, in other words, the love consciousness.

A "Savior" is *one* who, or *that* which, saves from sin and all its effects, and in this connection represents Christ the Lord. Note the peculiar use of "which" in this expression. The text does not say, "a Savior who is Christ the Lord," but *which* is. In English, "which" is used when reference

is made to principles or things, and "who" when persons are indicated. Why did the translators use "which" instead of "who"? It seems that they did not think of Christ the Lord as a person but as a spiritual Principle, Power or State of Consciousness in the individual. Did they not understand Christ to be an indwelling Spirit and Jesus the perfect personal manifestation of that Spirit? As thus interpreted, the "Savior, Christ the Lord," is Love, begotten by and born of the Spirit, God, in the heart of man. Divine Love, then, is the Savior, and when it comes into full expression through the *I Am* or Real Self, it completely saves, that is, regenerates the personal life. When one is thus converted, or new born, Love becomes the ruling principle in all the affairs of life. Let it be said also that one becomes Christ-like, that is, like Jesus, just to the extent that one develops one's love nature.

The influences created by the spiritualizing of consciousness and establishing the spiritual attitude of mind, are specified in "the heavenly host praising God." Thanksgiving springs spontaneously from the heart when soul is radiant in the glow of Love. "Peace . . . good will" is a wonderfully accurate statement of the effect of the new birth, as the gracious influence of Divine Love establishes harmony in mind and body, eradicating error, annihilating disease, filling the body with health, and establishing the love relation in every phase of human intercourse.

In verse fifteen, the "shepherds" again come prominently into the narrative and are represented as going to see what had come to pass and to make it known to all the world. This clearly represents the drawing together of all the spiritual powers into *I Am* or Love consciousness, where they are revitalized and filled with Truth and power. Each, then, in its own particular way, spreads the redeeming, regenerating forces throughout the body. In this sense, people are shepherds when they yield to Love and then prove it by applying it in actual experience. The words, "All they that heard it wondered," depict almost pathetically the general effect on mind and body of the awakening of the

Christ life within. All the people were awestricken and wondered, but all were not convinced. Likewise, every atom of being feels the purifying impulse and every faculty thrills with the dynamic of the new life. For a time mortal sense is hushed, but soon reasserts itself, and then begins the conflict between the old and the new, the false material sensations and the spiritual forces of being. The doubting cells and faculties must be converted and redeemed, and the individual must "increase in wisdom and stature," even by painful processes, until the Jesus nature in him is fully developed.

"But Mary kept these things and pondered them in her heart." These words are bursting with meaning for those who have eyes to see and ears to hear. To ponder means to meditate, that is, to think or feel deep within the mind. The disciple must live in the feminine or creative Love attitude constantly, nourishing and protecting the Christ idea through affirmation and denial, in order that soul unfoldment may proceed unhindered until perfection is attained.

The above analysis, superficial though it be, indicates quite clearly the nature of metaphysical interpretation, and suggests the plan and scope of its application. It applies the Bible teaching directly to the individual and his problems, while at the same time affirming its historical authenticity. It proves the inspiration of the Scriptures beyond all doubt, by making clear their spiritual content. It immeasurably strengthens the hold of the Bible on the human heart by pointing out the startling fact, that because its real meaning is exoteric, or personal, it would still be the true and inspired Word of God, even if everything ever claimed for it in an historical or exoteric sense should be disproved. In other words, metaphysical interpretation disarms criticism and establishes the Bible on an impregnable foundation.

One God, one Law, one Element,
And one far-off Divine Event,
Toward which the whole Creation moves.

—*Tennyson.*

RICHES AND THEIR RELATION TO RIGHTEOUSNESS

IDA M. MINGLE

PERHAPS no part of the Scriptures has been so misinterpreted as has those texts pertaining to riches and their relation to righteousness. Many of the erroneous conclusions came out of a misunderstanding of Jesus and his teachings. Because Jesus had no visible accumulation of houses and lands, he was thought to be poor; and in that he has been emulated in other ethics of living, his financial conditions were quite generally accepted by misguided, religious enthusiasts, to be the correct thing. Now that we are beginning to understand that all that appears is made from the unseen, and that the reality of the manifest world is the ideas that formed it, we discern that Jesus was the richest, as well as the wisest man that ever trod the globe. He was secure in the inner riches (ideas), and so did not have the care and responsibility of the added things, yet had the use of them when they were needed. All that he desired came into visibility, not through hard labor and planning and scheming, but through faith in and a demand upon an ever-present Supply. Jesus drew on this treasury of inner riches when he multiplied his ideas of Substance and fed the multitude. So sure was he of his demand being made manifest that he gave thanks for it before it appeared, and made ready to receive it. He feasted and entertained in the best homes, appropriated any form of substance necessary to accomplish his mission of being about his Father's business. Recognizing God as the Father of us all, and man as one Son, he acted upon the Truth that we are one family, and so are always glad to share with each other every good gift.

All attempt to accumulate wealth in the outer, without first realizing its source, ends in increased responsibility, dissatisfaction and uncertainty. Jesus recognized this when he

gave us the law governing prosperity in the words, "Seek ye first the kingdom of God and his righteousness; and all these things shall be added unto you." The symbol (outer wealth) follows naturally the consciousness of inner riches. If our hearts are set on earthly treasures, the things of the earth may come into manifestation through thought attraction, but with each change of mind there will be a corresponding fluctuation of affairs. We become like that which we think most about, and that upon which we set our love.

> "What thou lovest, man, become thou must;
> God, if thou lovest God; dust, if thou lovest dust."

Understanding spiritual law to be the foundation of the manifest world, we say with Solomon, "Give thy servant an understanding heart." Solomon asked for the best gifts first, and so rich was he in ideas that he accumulated untold wealth in the manifest world. When we become powerful in consciousness, we can be safely trusted with the external expression of that power. Jesus taught us a beautiful lesson in the parable of the rich young ruler, however much this lesson has been distorted to mean an antagonistic attitude toward possessions. Yet it is written that Jesus beholding this comely young man, blessed with youth, riches and an earnest desire for an understanding of the kingdom of heaven, loved him and desired to direct him into a path that would bless the rich man and humanity. You will recall that this rich young ruler was a type of the moral man, who had kept the letter of the law, but not having discerned the Spirit of it, had not partaken of the Substance and Life of reality, and so was seeking a fuller realization of living. He was able to perceive that Jesus, void of possessions, was richer than he. When Jesus said unto him, "If thou wouldst be perfect, go, sell that which thou hast, and give to the poor, and thou shalt have treasure in heaven; and come, follow me," he suggested the positive activity of self expression necessary to perfect man, to bring him into the realization of his powers of creation as a real son of Omnipotent Good. There is no inaction in Spirit. Go sym-

bolizes a change of mind, a turning about from the old, unsatisfactory way into a path that leads to a fuller understanding of what it is to "enter into life." It is typified in consciousness by repentance. The true path of life lies always before man, but he must choose to walk therein. He must be willing to be cleansed and purged of all selfishness.

Jesus was talking about the kingdom of heaven when approached by this young man, who would enter into this glorious kingdom. The "rich young man" of the parable symbolizes the personal consciousness of every individual; that in us which is selfish for the good things, but does not want to give up any of its possessions. It wants eternal life so it may all the more enjoy the things of sense. But this is not the way into the kingdom of harmony, for man must surrender his personal possessions of whatever nature and harmonize his ideas with Divine Ideas. When Jesus commanded the young man to "sell that which thou hast," it made him sorrowful, for he had "great possessions." Jesus perceiving his grief, turned to his disciples and said, "Verily, I say unto you, It is hard for a rich man to enter into the kingdom of heaven," and compared the rich man's entrance into heaven to a loaded camel going through the eye of a needle. *Needle* is a name applied to certain small openings leading into the Oriental cities, through which caravans passed after the larger gates were closed. Camels bearing heavy burdens were unloaded at the entrance to these needles, and the camel squeezed through on its knees. This is the exact process through which man, loaded with personal possessions and material ideas, must pass if he is to enter into the kingdom of harmony.

Man fails to find satisfaction in his possessions and begins to reason why. This brings him to the entrance of a different thought realm, and happy is he who findeth wisdom at this turning point in his life. It is becoming meek, humble and willing to unload that assures perfect satisfaction as man enters into a higher consciousness of thought. Man must sell what he has, for he cannot receive more unless he becomes empty. He cannot reap a different harvest unless he has

first made it ready through sowing the seed. We cannot enter into a new consciousness without first "squaring up" the old. This was the lesson Jesus was giving us, when he was teaching the rich young ruler. We cannot run to some leader or healer, kneel down before them (humble our pride) and demand the highest gift of Spirit for our personal enjoyment. We must pay the price. We must sell what we have, become empty, thus preparing ourselves for the harvest that will be the result of the new and highly productive seed which is being sown in our consciousness through the introduction of new ideas. Life and Truth are not to be gained from the without, but are established in consciousness in the within. There is no increase except through giving (selling). The giving, selling, losing, emptiness and all other negative qualities are but the forerunners of the receiving, buying, gaining and fullness that is moving in our direction in exact proportion to each other. It is self expression we are seeking, the expression of our God-self, which is the real self of every man.

The poor represents the emptiness waiting to be filled, and so Jesus continued his instructions with, "Give to the poor." Students of Truth ask why have prosperity lessons if one is to give away all his wealth. To arrive at a practical application of giving to the poor, let us consider Jesus' own words. He does not say to give all that you have to the poor, but we are to *sell* that which we have and *give* to the poor. The emphasis is on selling and giving. We cannot receive until we give, and there must be an emptiness to receive the fullness. When we sell, we set into activity that which we have, whether it be money, talent for music, gift of the Spirit to heal or teach, thus giving to the needy ones—the poor. The needy may not be destitute for food, shelter or clothing, but for the understanding of the way of life. Prosperity lessons are to establish a rich consciousness and are not studied as the means to the accumulation of things. We do not center our attention in the without, but in the within. With all his possessions, the rich young man was poor in consciousness, poor in the kingdom of heaven;

but Jesus, recognizing his inherent hidden wealth, sought to bring it to his attention through changing his base of thought. Had the rich young man been willing to part with his possessions, to give up himself, for possessions are centered about the personal ego of man, he would have had the key to the door of the kingdom, for it is through the will that man exercises choice. All the manifest world is the outpicturing of ideas in mind, perfect or discordant, according to the harmony or inharmony of man's thoughts with Divine Ideas. When man lets go of the idea that anything in his life is his possession, and recognizes the God-power back of it, he will have abundance to use to the glory of God and humanity. All that is worth while becomes doubly valuable when charged with the Substance of Spirit. But our needs will never be supplied unless we fulfill the law of receiving, which is set into operation through giving.

Jesus did not imply that because it is hard for a rich man to enter the kingdom of heaven that only the poor and poverty stricken are eligible. He affirmed, "All that the Father hath is mine." How rich we are when we become conscious of our natural inheritance and enter into the limitless ideas of Spirit? Righteousness and riches are twin brothers, but the important point is the understanding of what constitutes riches. If one is so rich in the consciousness of God as his Supply that he has no thought of lack, worry or anxiety, who can say that he is poor because he has not accumulated possessions? Man looketh upon the appearance, but it is the attitude of the heart that counts in righteousness. However, we have been so in the habit of thinking of possessions as riches that we need to exercise care in our ideas of poverty. The poor people are those who are not conscious of the ideas of Divine Mind and their relation to them; who do not know peace of mind or satisfaction in living. Those who think they are sufficient of themselves are indeed poor.

It has been the experience of Truth students that external wealth comes naturally and without strenuous effort when they seek first the kingdom. Trust takes the place of

planning; self-expression takes the place of work. Just as surely as one pours himself out in some manner of giving, which is synonomous with loving, just as surely will he receive heaped up measure in return. The law of "Freely ye would receive, freely give," is infallible. Trust comes through building up a consciousness of prosperity. This consciousness is built up in the same manner as one builds up a consciousness of health; through meditation upon God as the giver of all good, and our oneness with this Source of Supply. It is no more honorable to be poor than to be sick. In either case we have not realized the riches of the kingdom of harmony.

When we have emptied ourselves of our limited ideas of possessions we are ready to receive the fullness which the Christ offers in his "Come, follow me." Again, the activity of the Spirit must be expressed. We cannot hoard our spiritual riches any more than the temporal. They must be increased through use. The Christ principle must have free expression through us and we must make our new understanding a practical demonstration. We cannot hear the invitation to follow the Christ unless we are ready to obey. The convenient season is always now. It is one thing to let go the old, and another to establish the new; it is one thing to realize a Truth and another thing to demonstrate it, but both are necessary and complete each other. We cannot have the understanding without the capacity to demonstrate it. Man can achieve what he can conceive, but only through following a Universal principle of Truth. It means something to follow the Christ. Every man is responsible for his own living. He makes or mars it with his thought. If we would enter into life we must relinquish the things of self.

Man cannot sit down and fold his hands and wait for a demonstration of prosperity. Spirit expresses in activity. Do the first thing that comes to your hand to be done, and do it well. Comply with the moral law, but in the Christ way. When taxes were demanded of Jesus and Peter, Peter resisted the law, but Jesus showed him how easy it

was to comply with the demand. He instructed Peter to go to the sea, cast out a hook, take the first fish that came up, open its mouth, find the piece of money, and pay the taxes. Peter was not to "dilly dally" and let that first fish escape him, but to act. The first fish is the first impression, the intuitive voice of the soul. It is the urge of the Spirit and will lead into the higher good, if pursued in that spirit. Opportunity is now, but our use of opportunity determines our rate of progress and our demonstrations of prosperity.

Ideas are the pure gold of spirit. They are the "treasure in heaven," the gift of Divine Mind to its offspring. Through ideas we recognize our real nature as creators, and bring forth abundance for ourselves and enrich the consciousness of the race. Plenty and abundance are the outworking of these rich God-ideas, and is one of the good gifts of the Father to all who are willing to sell what they have, and follow the Christ Principle. To such as forsake all the ideas of the personality, looking to the law of righteousness rather than to appearance, are promised an increase of an hundred fold and eternal life, here in this time, proving that riches are the natural result of righteousness. Some one has written it "right-use-ness;" and so it is. The right use of ideas in mind, of talents and inherent capacities bring their own increase and establishes man in the kingdom of heaven. "Blessed is the man that feareth Jehovah, that delighteth greatly in his commandments. Wealth and riches are in his house; and his righteousness endureth forever." "The blessing of Jehovah it maketh rich; and he addeth no sorrow therewith."

Those who merely study and treat the effects of disease are like persons who imagine that they can drive winter away by brushing the snow from the door. It is not snow that causes the winter; the winter is the cause of the snow. He who knows only the external form of man, and not the power by which it is produced, knows nothing but illusion; his science is illusive, only fit to impose on the ignorant.—*Paracelsus* (1500).

DESIRE A QUEST FOR THE CHRIST CONSCIOUSNESS

CHAS. P. TILEY

IN ALL our study of Truth let us ever bear in mind that our objective is to identify ourselves in consciousness with, or realize our oneness with God, the All-Good. This is the objective of all people, whether they have discerned the truth of their being or not, and whether they are conscious of what they are doing or not. Man, in his struggle to eliminate from his life misery, sickness, disease, poverty, and so-called evil of all kinds, whether conscious of it or not, is in reality striving to make his atonement, striving to reach a place where he feels he will be happy and satisfied. Those who have discerned that this place is reached only in consciousness have taken a great stride towards reaching it; and this place is really heaven, a place in consciousness to be attained only by right living, and right living can only be accomplished by right thinking, for thinking precedes all expression and manifestation. Wrong living, which inevitably follows wrong thinking, is the cause of all inharmony; in fact, it is not living at all. As expressed by one Truth teacher, "Right living is living in heaven; wrong living is dying in the other place."

The key to Spiritual consciousness lies in the persistency with which man holds to the Truth that he is in reality God expressed. Then let us get perfectly still for a few moments and silently say, "I am the perfect Idea of my Father, God, the All-Good, and I now express his wholeness." (Silence.)

* * * * *

Logically, the statement we have just held in the Silence is true, and we are not going to let our senses deceive us into believing anything less than this. Ever remember that we grow like that which we hold in mind, "that as a

man thinketh in his heart so is he," then stick to the logic of the Truth of your Being, and you will be agreeably surprised at the results.

We have learned that God is the One Substance from which all realities are made. Even the physical scientists are agreed that all things at their foundation are the same in essence. Here is a wonderful revelation, for it carries with it so many of the truths we are endeavoring to identify ourselves with. A full realization of the Truth that we are all one substance, removes all condemnation of one for another, all ill-feeling, all misjudgment; for, knowing this, it is easily seen that it would be just as consistent for one part of the body to condemn another part of the body as for one person to find fault with another. So instead of finding fault with, and condemning, and criticising, and denouncing, we see how purely logical it is to be ready and willing at all times to assist our brothers and sisters to an understanding of the Truth, and to always give everybody kind, loving, helpful thoughts, which do much to lift them up instead of push them down.

So also, we see the logic of the statement that all so-called evil, wrong thinking, wrong speaking, wrong acting, are the result of ignorance, and we never feel that it is right to condemn another for doing a thing in ignorance.

Every desire of every person in the world is for Good. All the so-called evil desires are really for good. The trouble with the so-called evil desires is that they are misinterpreted. To illustrate: One is filled with desire for great wealth. At its center of course the desire is not for wealth at all, but for the power which one thinks great wealth will bring. So it is really power that is desired. Now, instead of knowing that Power is God, and that he is All-Power, and affirming that all power is given unto him in heaven and in earth, he misinterprets the desire and casts about to get possession of the wealth, no matter by what means, thinking thereby to get the power that it represents. The result is, even when he gets the wealth, the power he was really seeking is not his, and he does not know how to use the wealth he

has obtained to bring into his life the peace and happiness that he felt would come with the money.

I know of a man and wife who are right now in just this position. Some years ago they became ambitious to move in certain society, ambitious to wield the power they saw others apparently wielding, and they felt that it was great wealth, abundance of money, that would give it to them. With this in view all their energies were bent to the attainment of money, and so well did they labor that success crowned their efforts. The man in his business went right up in the world, a large fortune was accumulated, a beautiful home was built in an exclusive part of the city, costing perhaps fifty or sixty thousand dollars. Then they felt that they could begin to live according to their ambitions. What was the result? Upon endeavoring to move in the society they aspired to they discovered that they were so hopelessly deficient in the common, every-day, English language that they were practically eliminated from the associations they had hoped to enjoy. They realized their mistake too late, and they are now both attending private school to try to attain what they had thought their money would give them, and their teacher says it is really pitiful to see them and know their plight. Now, after they attain a knowledge of English there will be something else in which they will discover they are sadly lacking, and so it will continue until their eyes are opened to the Truth that within themselves is to be found the fountain of all knowledge, all power, all good.

Real power comes from within, from God. All power that anybody can possibly use is within man, only waiting to be brought into visibility by his first recognizing it, and then affirming it as his, working it into his consciousness until he becomes one with it.

When man discerns the Truth of his Being he will begin to interpret his desires aright, and the right interpretation is always a desire for more of God or his attributes.

Jesus said, "Whatsoever things ye desire when ye pray, believe that ye receive them and ye shall have them." An-

other teacher has said that desire for a thing is that thing in its incipiency or beginning, so that it would be impossible to have a desire for a thing without also having the ability to make it manifest.

People say that they desire abundant life, and so they do, but so many interpret it to mean that if they will exercise their muscles or breathe scientifically, eat certain foods in certain ways, drink so many glasses of water every day, of just a certain temperature, keep out of drafts, etc., they will attain the abundant life they seek. The result of such methods is but indifferent. However, when man awakens to the truth, as Jesus expressed it, that he (the Spirit of Truth, God) came that ye might have life and have it more abundantly, and recognizes that this life is really God within him, and affirms his oneness with that Life, constantly, he finds that he takes on the clear eye, the elastic step, the vigor of youth, in a way that one knows he has discovered the fountain of perpetual youth. He ever "keeps a smile in his heart, and it shows on his face, and he never grows old."

The whole secret in all this seeking for satisfaction and happiness, is to seek understandingly, and to know that it is God, the All-Good we are seeking, instead of some personal or external attainment, and this once discerned, let the seeking be earnest, whole-hearted, and persistent. We read, "Ye shall find me when ye shall search for me with all your heart." In that day when more than anything else, more than great wealth, and honor, and power, and self-exaltation, you shall desire knowledge of the indwelling Spirit, God will reveal himself to you and you will become conscious of the abundant indwelling Life, Love, Strength, Peace and Power.

Understanding, or realization of the presence of God within us, is, as Peter said, "The gift of God." It is something that all mankind has, but to be of benefit to anyone he must know that it is true. There are those who may be immensely wealthy, who may be the sole owners of rich gold or diamond fields, but, not knowing it themselves, the fact of their ownership does them no good. Man ignorant of his

divinity, ignorant of the Truth that he lives, moves, and has his being in God, the All-Good, and that all good things are his for the taking, is like the sailors in the disabled vessel in the South Atlantic. They had drifted about helplessly for weeks without sighting another vessel. Their provisions were fast disappearing, and worst of all their supply of fresh water was exhausted and they were famishing of thirst. When they were about to give up in despair they sighted a vessel in the distance and began to signal to it to come to their aid with fresh water. To their astonishment and great joy the answer came back, "Dip down and drink, you are in the mouth of the Amazon." Here they had been for days surrounded by fresh water in abundance, but not knowing it they were suffering as intensely as though they had been in mid-ocean. And so it is with man until he discerns the Truth that God dwells within him, discerns that his body is the temple of the Living God, and begins the search for realization of this Truth in the right way.

Our mistake in the past has been that in seeking God's assistance we have endeavored to change his attitude towards us. In our prayers we have been taught to beseech, to entreat, to beg, to plead, that God would change his attitude, that he would have mercy on us and relieve us of suffering that in reality is caused by *our* ignorance of the Truth of our Being. Now we know that changing God is something that cannot be done; in fact, God's attitude need not be changed, as it is exact, it is true, and changing his attitude would bring about chaotic conditions everywhere. Then the necessary changes must take place in man. Man must change his attitude toward God, the Spirit within him. He must recognize that God, the Spirit of the All-Good, dwelling within him, is always ready and willing to express this goodness through him whenever he will let it. So let us recognize the Spirit within us; let us whenever facing a difficulty silently say, "The All-Knowing Father within me is my guide, and I know just what to do," then we will find our difficulties becoming less annoying and troublesome. Try this whole-heartedly, not merely as an experiment, but

because it is the Truth, and you will be well repaid for your efforts.

Let me emphasize, however, that persistency is the watchword. People will doctor with physicians for years, without benefit, and then if they are not healed by a single treatment of the Mind (Spirit) healing method they are ready to condemn it as worthless. However, they have their reward, and we who are persistent, and keep at it earnestly, also have our reward in abundant success.

Let me repeat, let all your seeking from this time on be a conscious seeking for God. In all your desires feel that they are desires for more and more of God, and interpret all desire from this standpoint. Remember that Power comes from God, from within, not through accumulating external things. Love comes from within, from God—it is free and goes out to all—and so avoid lavishing the affections upon some one person, or group of persons, for this is selfish love, and so-called love coupled with selfishness loses its identity. But, some one says, shall we not love our parents, our children, our friends? Certainly, love them, but recognize everybody in the universe as a brother, as a sister, in other words, as a part of yourself, just as any organ is a part of yourself, and broaden your love to be all-inclusive. In other words, not that you should love these less, but the whole world—God—more.

Wisdom comes from within. Solomon's injunction was to get wisdom. "With all thy getting get understanding." Remember that understanding comes from within. Men seek wisdom from external things, feeling that the more they study things, the more knowledge they acquire about the things of the universe, the more wisdom will they express. We are not condemning this method of getting knowledge, but there is a better way. After all, in all study of external things man is learning just a little about some of God's creations. When man begins to realize that God, the All-Wise, All-Knowing One dwells in him, he will begin to seek conscious union with this One by affirming his oneness with God, and the more he becomes conscious of this Truth the

greater will become his capacity to know. So, while not condemning the outward search for knowledge, couple with it faith in the Truth that the All-Wise One dwells within and is expressing wisdom through you, and the acquiring of so-called external knowledge will become easier.

I recently read of a business man who went through the great San Francisco fire. All had been swept away, even records, things of inestimable value to the continuance of business. Business men generally resigned themselves to their fate, of a long, slow, tedious revival of conditions. This man did not give up. He recognized that all power, all order, all organization, comes from the Great Helper within him, and he went to work. He arose an hour earlier each morning than was his custom and spent this hour in silent contemplation, putting all his problems into the hands of Spirit within him, and in a few weeks' time, to the great astonishment of all about him, he was forging ahead in his business. Knowledge of what to do and how to do it had come to him because he knew the source of all knowledge and had consciously allied himself with that great power within him.

The lesson I wish to impress upon you is that all desire is desire for more of God. Interpret your desires from this standpoint. Translate all of your desires into the terms of attributes of God—Life, Love, Intelligence, Substance, Peace, Joy, Health, and then know that by affirming your oneness with these things within you, you will do more to gratify the desires of your heart than by any other method you might employ. While it is true you may not necessarily get the specific thing which you had thought was necessary to your happiness, you will get that which will bring with it greater joy and peace and satisfaction, than if through external means you had gotten the object you first sought. Recognize God in all your desires and then leave it to the Spirit within you to fulfill and you will have found the secret spring that will reveal to you the peace and joy that passeth understanding.

THE ENDURING BOND

Once there was a woman who loved a man, and he died; and she sought some way to reach him where he was, and could not. And One came to her, and said: "I have been sent to help thee, for thy crying has been heard; what is thy need?"

And she answered, "That I might find the soul of my husband, who is dead."

And the Shining One said to her, "That may be done only if there is a bond between you that death could not break."

And she said: "Surely there is a bond! I have lain in his bosom; I have kissed his dear hands over and over for love of him."

But the angel shook his head and said, "There is no bond."

Then she raised her head proudly and said, "Surely there is a bond. I have held his children in my arms; with their innocence have they bound us together. By the sorrow in which I bore them, there is an enduring bond."

But the angel said very sadly, "Even this will not suffice."

Then the woman paled; but she said, "My spirit and that of my husband were one; in naught were we separate. Each answered each without speech. We were one. Does not this hold?"

But the angel answered very low, "It does not hold. In the domain of death all these bonds of which thou speakest crumble to nothing. The very shape of them has departed, so that they are as if they never were. Think yet once more before I leave thee, if there is one thread to bind thee to him whom thou lovest; for if not, he has passed from thee forever."

And the woman was silent; but she cried to herself desperately, "He shall not go from me!" And the angel withdrew a little way. And the woman thought a thought, with deep inward communing; and after a space she raised

her pale, drawn face, and gazed with timid eyes at the pitying angel.

And she said, though her voice was as the last whisper of the dying waves upon the shore: "Once, but long ago, he and I thought of God together."

And the angel gave a loud cry; and his shining wings smote the earth, and he said, "Thou hast found the bond! thou hast found the bond!"

And the woman looked, and lo! there lay in her hand a tiny thread, faintly golden, as if woven from strands of the sunlight.

"WHAT IS GOD TO ME?"

CAROLINE M. BELCHER

The thing most sought for, heart's desire,
The soul's home, sought by wanderers weary,
The love that glows, a burning fire,
The Source of life in desert dreary.
Oh, searching, permeating thing
That wakes to power whate'er it touches,
Uplifts the bird on flying wing,
And feeds the poor in hunger's clutches!
Oh, thou Omnipotent, Supreme,
The Principle on which we build;
Thee only will we see in all
The creatures with which earth is filled!
"Thou only" in my heart of hearts,
"Thou only" stilling all my sighs,
"Thou only" in my brother's face,
"Thou only" in my sister's eyes;
Thou only One, the Law, the Way,
The Love that knits all souls as one,
With thee, in thee I'll conscious dwell,
And find in thee my glorious Day.

Justice is the scales in which all thoughts are weighed by a law that knows not malice and has no fear. Love stands for a boundless freedom which says, you don't have to be what you are, your right is to be just what you will.

This department is open to all members of the Correspondence School, including those who have finished the course.

Exchange of ideas and power of expression are two of the benefits to be derived from a free use by the students of this monthly forum. Write whatever you think may be helpful to others who are studying along the same line with you. If you have questions to ask, send them in, but be sure that they bear directly on the lessons, or the application of the Truth in spiritual overcoming and teaching. Only pertinent questions will be considered; these will be printed in UNITY, and students are invited to send answers.

The hearty cooperation of all the students in giving their best thought for the help of others will unify all in a broader and deeper consciousness of the Christ Body, and prepare them for more effective restitution work. We shall therefore be glad to hear from you, whatever word you may wish to give.

This school is not founded in any way on commercial methods. There is a Divine Law of giving and receiving, and we keep this law, giving fully and freely, and expecting to receive in the same manner. All our compensation therefore comes as free-will offerings. The request is sometimes made that we set a definite price upon the lessons, but this we cannot do. Truth is priceless from a money standpoint. It cannot be bought for gold and silver. It must be given. Then the law recompenses the giver through those who receive. What one individual gives is not a standard for another. Each should give according to his faith and sense of justice. And no one should be without the Truth from an idea of lack. If you are burdened with the thought of poverty, you need the lessons to free you and help you into the understanding of God as your All-Sufficiency.

This law that equalizes and balances all things, including service and compensation, is taken up in the course and given attention as one of the vital points in spiritual understanding and demonstration.

The school is open always, and students may enroll at any time.

Address Unity School of Christianity, Correspondence School Department, 917-925 Tracy Ave., Kansas City, Mo.

NOW

TO LIVE Truth is to enter into the Now, for Truth is the same yesterday, today and forever. In this consciousness we wipe out all belief in measurements of time as having power to effect us. Now is the time to rejoice in our liberty from mortal limitations and one by one they drop away, because we have, through the authority of our word, severed the connection in the realm of ideas, and the manifest world must conform to our ideals. Now is the time to rejoice in the abundance of Good. The power of choice is in our own hands. That upon which we think comes into manifestation. Jesus came preaching that the kingdom of heaven (harmony) is at hand. We say, "Your letter is at hand," meaning it is here now, and that is exactly what we mean when we go preaching the kingdom of heaven is at hand, as Jesus commanded. We cannot realize this heaven or bring it forth if we continually attach ourselves to the past or future, bewailing the conditions of the present. We are neither to practice retrospection nor contemplation, but introspection, looking always to the within, for Jesus added, "Behold, the kingdom of God [heaven] is within you." This kingdom within man contains all the gifts of the Father to his beloved Son, and the substance of all that we desire now.

We are not very far along in what the world calls a new year and it is well that we now consciously realize that years have no power to make us grow old. Astronomy tells us that a year is the sum of days it takes the earth to travel around the sun; the earth comes back promptly to the place where man *assumed* that it started, and nothing has been used or lost—only the *isness* of creation verified. All measurements of time are man-made conceptions brought into expression to further the order and harmony of the manifest world, and are not meant as a "bugaboo" to man's well-being, but a convenience. The Chief Observer at Greenwich, England, says, "There is no such thing as time; we

fake it." Yet this fake has robbed millions of their loveliness of body and peace of mind because of their mental attitude toward it. The Bible is full of such remarks as, "Abraham died full of years; Job died full of days; Joshua was well stricken in years," and the obituary notices of this day are not complete without this information. It is not a question of how long we live, but how much. When we understand a "bugaboo" it loses its power to disturb us, and only by the realization of the Now in its fullness will we offset the ravages of this thief, called Time, and his two coworkers, the past and future. The Truth is, Now is the only time; we live in Omnipresence.

To dwell in the Now is to concentrate all one's forces in the present; to center one's attention in the thing at hand. Only in this way can perfect concentration be practiced. Even if the retrospection or contemplation be pleasant, it detracts from the present. All that is worth while in either the so-called past or future is Now. Suppose we have had a beautiful and glorious demonstration; the joy, substance and harmony of it is in consciousness now, and it is this joy and glory that we radiate, and which is the reality of the demonstration. If we worship in Spirit and in Truth, we worship in the hour which now is. It is in consciousness we separate ourselves from fixed ideas of time as a reality. If we dwell in thought upon either the past or future, we rob ourselves of the forces of the present, and the organism suffers as a consequence; the appearance of age is the result. Time itself has no power to furrow the cheek nor whiten the hair. It is our *belief* in time as a destructive factor in our lives that effects us. Looking to the realm of outward things is destructive also. There is only one course to pursue—keep centered in spiritual thought. The establishing of the Christ consciousness is not a matter of time, but depends upon understanding, realization and demonstration. By adding the word Now to every affirmation and denial, one contacts Omnipresence, and a dynamic force is constantly at work to bring us into the expression of the perfect consciousness.

The truth is that I Am. I am Spirit, so I am Now.

I have no past, no future. All that there is in God is concentrated in man. God is—man is. We are Being now; not will be. We are enthused with the ideal, and its possible fulfillment here and now, of eternal life. Death is only a bad habit, a false belief established in consciousness through thinking upon it as necessary to a continuous existence. When we find ourselves harboring a bad habit, and realize how unprofitable it is, we begin to break the habit, through ceasing to think about it. All growth has its inception in thought, so it is in the realm of ideas we begin to lay our foundation for our eternal structure, the "temple not made with hands," the glorified body. If thoughts of yesterday and tomorrow deplete the organism, and the life forces follow the trend of the mind, is it not time to begin to focus all our thoughts in the Now? Mind and body enter into complete redemption together when we are living in the Now, conserving all our substance of thought to the glory of the present moment. Even material scientists agree that death can be overcome if a balance can be struck between waste and repair. This can be accomplished through dying daily to the destructive thoughts, and renewing the mind and body through building in the constructive.

Many of the things about which humanity is chiefly concerned are the things that do not come to pass; the adversities, perils and failures of tomorrow. It has been aptly quoted that "Today is the tomorrow we worried about yesterday, and it never happened." Today comes bringing with it certain possibilities which can be fulfilled, without worry or distress, if we give our thought to the present. Jesus said, "Be not anxious for the morrow, for the morrow will be anxious for itself." Yes, today contains enough to keep us busy, happy and joyful. Did you ever try living and putting into practice your understanding of Truth, moment by moment, being not anxious or disturbed about anything, but realizing that Divine Harmony is Omnipresent, bringing all your affairs into Divine Order? You will find it the most wonderful game you ever played, and if you make the wrong move, remember you have every moment as

a fresh starting point. The poise, mastery and joy that comes from one today lived in this Spirit inspires one to make every day one glorious Now. Surely this living the life Now is the sequel of Jesus' discourse on "Consider the lilies," and his "Behold the birds of the heavens." "Are not ye of much more value than they?" Living in the Now begets trust, faith and confidence in the Father who knoweth that we have need of food and raiment. But the life is more than food and the body than raiment. It is more important then to look to the mental attitude than to the expression, since the realm of manifestation has its reality in the ideas that bring it forth.

We can train the mind to lay hold only of that which is desirable through constant denial and affirmation. Unless we deny the erroneous ideas that seek admission into our consciousness, they come in of their own accord, build thought structures in the body and we see the result pictured in the body. As we live in the Now we bring into expression in our bodies a constant flow of vigorous energy, providing we are thinking along constructive lines. Dead thoughts bring forth after their kind, for every thought carries with it its own attracting center, and multiplies and replenishes the earth—manifest world—with its own image. We are continually giving suggestions to our body consciousness, or subconscious, in the thoughts we think, and their dominant quality is revealed in the body as harmony or discord. We want God's image manifested in the new race that is now being formed in our midst. It is our natural heritage, and we set into operation a demand for its fulfillment in us through the thoughts we think. Not only what we think originally, but what we think about others. "If thine eye be single, thy whole body will be full of light."

God will take care of the yesterdays and tomorrows if we will let him, and through his transmuting Spirit within us, give us today all that there is in Being when we understand how to appropriate his good gifts. The fullness of today will be sufficient to meet our every need as they become apparent, and man will be relieved from storing up treasures

for the proverbial rainy day, when he has learned to live in Omnipresence.

> "For yesterday is but a dream
> And tomorrow is only a vision.
> But today well lived,
> Makes every yesterday a dream of happiness,
> And every tomorrow a vision of hope.
> Look well, therefore, to this day!"

Such is the salutation of the dawn! It would be wise for us to salute each day in this spirit.

Jesus lived in the present, and his words are recorded as if he were speaking them. He affirmed, "My words are spirit and they are life." We know that life and spirit are qualities of Being and are Omnipresent, always present in all their power and might. "Everyone that is of the Truth heareth my voice," said this master of men, and when we get ready for the fullness of the presence of Christ in our own souls, we turn to this Shepherd for individual instruction, and get far more inspiration and reality from his words than if they were written as relics of the past. Man, spiritually awakened, is reading Jesus' words as living messages and not as historical fact. The very tense in which they are written spoils them as historical lore. Much of the New Testament is written in the Now.

We may find ourselves looking ahead, but in a moment we can return to the present and claim all power necessary to meet any test of faith or understanding. When Jesus came to the hour when he would pass over from the mortal to spiritual consciousness, he concentrated his forces in the present and affirmed, "Now shall the prince of this world be cast out." As man gives the substance of his thought to the present moment, he will come into a control over the mortal consciousness that he has long desired. We can then say to the thiefs, the yesterdays and tomorrows, "Today, shalt thou be with me in Paradise." Paradise is a state of continual harmony and bliss, and we enter into it when we have met and overcome the prince of this world, in our bodies and affairs, as Jesus did.

Now is the time to offset the effect of erroneous ideas of time that have heretofore been established in our consciousness. The Spirit of our words will descend into the body consciousness and we will be freed from all man-made limitations. To have more abundant life is to have more abundant youth and energy. Through understanding the directive power of the *I Am*, we can plant the seeds of Truth in our consciousness that we wish to manifest in our lives, thus entering into such a fullness of life now as to make it utterly impossible for a belief in time to survive. Affirm with conviction:

I am born and reborn three hundred and sixty-five days of the year. I lovingly cooperate with the changes of each day, thus growing younger and newer every day.

I do not believe in the idea of growing up, or maturity, but am always perpetually renewed and eternally young in Spirit.

Every morning I am young and inspired, fresh and vital, filled with the zest, joy and peace of the Divine Spirit of Life and Youth.

I am an unfolding child of God, and am eternally young in the realization of my Divine parentage now.

I am Spirit; I am Life; I am unfolding; I am growing; I am a child of Infinite Youth.

Every cell in my organism is stimulated to express youth, health, life and energy by my thinking and desiring that expression now.

I die every moment; I let the old go. I am rebuilt every moment and the balance between birth and death (waste and repair) is equalized in me. Therefore, I am perfect Life, Youth and Energy now.—*I. M. M.*

ONENESS

Unity—oneness twixt God and man,
Logos of creation's mighty plan;
Cosmos of Christ's Universal Truth,
And hidden source of everlasting youth.

—*Jas. H. Montgomery.*

PROSPERITY

Lesson Three, Part One, of Unity Correspondence School Course

[NOTE—It has taken me a long time to finish this lesson. At the time the lesson was sent me (last February), it might as well have been written in some foreign language, so far as I could get anything out of it. I would try again and again to read it, give up and let it lie for weeks, but my mind was constantly at work on it. At any rate, I've been able to get something out of it at last. I might say that the idea of abundance and plenty was a hard one to get fixed into my consciousness.—*Minnie Hollowell*, a student.]

Ques. 1. What is Prosperity? Express your answer in your own words.

True prosperity is realizing that God is the source of all good, and in him is limitless abundance. It is not the possession of "things," this idea being the belief of the sense mentality. The awakened soul, knowing itself to be an expression of God, and also that God is all that there is, lives in the full consciousness of oneness with the riches of the Universal Mind.

Ques. 2. What is Substance?

Physical science has found that matter is not what it appears to be, is not permanent nor real. Back of matter the mind sees an eternal and unchanging reality. This we call Substance. It is the Spirit of the living Creator manifest and realized by us through the mind.

Ques. 3. What is the difference between Substance and Matter?

Matter is that manifestation of substance which we are conscious of through the senses. It is man's limited concept of substance and constitutes the so-called material universe. We are conscious of substance only through Spirit, for it cannot be discerned through the senses.

Ques. 4. What is meant by "the unreality of matter"?

Matter is "unreal" because it is not what it seems to be. The reality of it does not lie in its external forms, but in Divine Substance underlying it.

Ques. 5. What is the relation of the Divine Substance to man's supply?

Mind and substance are realities, and mind is creative. Everything that man needs that he may live, grow and develop to higher planes of consciousness, exists for him in Universal Divine Substance. Consciously or unconsciously the mind of man is creating for himself out of the invisible, and that which he surrounds himself with in the visible is the creation of his own mentality.

Ques. 6. Why did Jesus say, "Seek ye first the kingdom of God and his righteousness, and all these things shall be added unto you"?

God must be realized as the Source of all supply, and he can be found only within the inner spiritual consciousness. "Seek ye first the kingdom of God," or become conscious of God as life, love, wisdom and substance, and that which the soul needs for happiness and development will become manifest. The "things" are *added.*

Ques. 7. What is the truth back of the command, "Lay not up treasures"?

It would be foolishness to "lay up treasures" with an inexhaustible Source of supply at hand. Man, when *conscious of his oneness* with God, does not do so. When he begins hoarding for an imaginary future need, he is losing some of his consciousness of Omnipresence. This loss of spirituality will become manifest in his life, and inharmony in some form will be the result.

Ques. 8. How may we become conscious of Substance?

In the same way that we become conscious of God as Universal Perfect Life, Love or Wisdom. In the center of our own consciousness God may be found to be all of these, and also the divine eternal Substance of the universe. We enter the silence, acknowledge our oneness with Substance, and give thanks for it, thus becoming one with it.

Ques. 9. Give three affirmations of your own for the realization of Divine Substance.

God is manifest to me in all that I see, hear or feel.

The riches of the universe exist for the glory of my own soul.

Divine Substance fulfills my every need, that I may grow in consciousness of the God-life.

Ques. 10. What is the law of Giving and Receiving?

Nothing is given to man that he may keep for himself. As riches and the good things of life come to him, he must pass on in some way the happiness and joy given unto him. If his own inner life is rich in the consciousness of God as Supply, he will receive bountifully, and he will give freely, that all who touch his life may become enriched. He will give love, wisdom and service. He will also give of substance, all that the Divine Law of Love and Justice between man and man requires. This is the complete law of giving and receiving. One cannot be separated from the other, as they complete each other.

Ques. 11. What has the keeping of this Law to do with the demonstration of supply?

If any part of this law was not kept the Whole would cease to be demonstrable. It is the Law of Love, and Love cannot receive without giving of itself. There can be no increase without giving and loving.

Ques. 12. Is there any reality in the idea of "luck"? What is it that is called "luck"?

A person may be living unconsciously in harmony with the Law, and a perfect demonstration of supply be the result. He considers himself "lucky." But there is neither chance nor accident in the whole universe. Everything comes and goes by Law, so there is no reality in the idea of "luck" as it has been commonly conceived.

Ques. 13. How may worry over supply be overcome?

When one knows that in God is the inexhaustible supply of all things, and that creative mind may continually

bring forth that which is desired and needed, there can be no anxiety or fear about anything in life. Living in the consciousness of the riches of the Universal Mind and its oneness with it, the soul knows no lack.

Ques. 14. Was Jesus "poor"?

Jesus, in his consciousness of Divine Life, could not value the many "things" that unawakened man thought to be the riches of existence. But he was not "poor." He was perfectly and completely conscious of his power to create out of Substance everything he needed.

Ques. 15. Why does the apparent source of income sometimes stand in the way of a bountiful supply?

Man is so in the habit of limiting himself in his own mentality, that he is very apt to forget that his source of all good is the Universal Mind itself. If he limits his supply to a certain income, he becomes bound by that limitation and greater supply cannot become manifest.

Ques. 16. What is the true object of all work?

All work should be a conscious effort to express God. The idea to "make a living" is limited in conception and cannot result in peace, harmony or plenty. Our every effort in life should be consecrated to a high ideal of service for God, who is manifest in man.

Ques. 17. What has faithfulness to do with demonstrating prosperity?

Faithfulness is the perfect knowledge and belief that the Law fulfills itself. If we are consciously living in harmony with the idea of universal abundance and plenty, and are claiming our inheritance of All Good, faith is only the act of knowledge that the desired result will become manifest. We are thus faithful to the Truth and to its application in daily living through loving service.

Ques. 18. What is the relation of praise to the manifestation of supply?

Praise is the joyous realization of God in life and the universe. When we are keenly conscious of God's pres-

ence, we cannot help but praise his infinite Love and Wisdom. And when we praise him as he is manifest in Substance, we are conscious of him as the Reality of All Good. To praise the Divine Beauty, Good and Perfection in all things is to quicken the consciousness and substance into manifestation.

Ques. 19. When you give to another, or do something for him, why should you trust the Divine Law for recompense, rather than demanding of him compensation?

The real Source of compensation is not the person, but God, the only Reality. The person is the channel through whom the demonstration may become manifest. It is possible that the Law may work through entirely different channels. When one gives of love and service, the rest should be left in faithfulness to the Law of God. Good will in return become manifest—the Universal Law of Justice being constantly maintained.

Ques. 20. What will help one to give freely and cheerfully?

One cannot help but give cheerfully when one gives in the consciousness of love, and one cannot help but *love* when conscious that all life is One, and that One is God manifest. So also, one cannot help but give freely—giving of joy, love and service (or of the "things") when gloriously conscious of God as the Substance of joy and love, and that the "things" are only symbols of "Substance."

ANSWERS TO QUESTIONS

What is meant by "Increase your faith by the power of your Word"?

"It is the Spirit that quickeneth." Therefore it is the life and power with which we speak words of Truth that quickens our consciousness. Once we have demonstrated through the power of the Word, our faith begins to grow, for faith is increased through experience or demonstrations of Truth. As we "continue in the Word," which is to

continue to think and speak Absolute Truth, these spiritual ideas become dominant in our minds, and all that is unlike Truth falls away through lack of thought to sustain it. It is very imperative that we remain "constant in prayer," that is, know the Truth continually, if we expect to reap the perfect fruits of Spirit. This attitude of mind becomes a joy when we dwell in the consciousness that God, the Good, is the only Presence and Power. Many things that have heretofore engrossed our attention need not even be recognized. We can meet everything in our own consciousness, and in the consciousness of the race, with denials and affirmations, either silently or audibly, as occasion demands, and in this way keep our Word constantly going forth to bless. You increase your faith as you increase your understanding of Truth, which measures the power of your word.

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How is the "Christ Body" formed in man?

The "Christ body" exists in man as the manifestation of the Spiritual Idea of what man is in Divine Mind. We do not perceive it through the senses, because we have trained our minds heretofore in believing that our bodies are flesh and blood, and subject to mortal limitations. But when man is quickened of the Spirit, and begins to sow living words of Truth in his consciousness, he detects a new vigor, vitality and energy pervading his organism. Then he becomes conscious of his spiritual body as a reality, and the texture of the natural body begins to give way to a finer quality. The body of flesh (manifestation of mortal thought) gives way to the spiritual body which is the outpicturing of spiritual thoughts. As man continues this daily nourishment of the body with "Words of God," the changes in the body continue until in the "twinkling of an eye," he shall rise from the dead (be resurrected) and be alive forevermore, dwelling eternally in the habitation of the Lord, which is the redeemed and glorified body. This is the time spoken of by Jesus, "When the Son of Man shall sit on the throne of glory, judging the twelve tribes of Israel." The "twelve tribes" are twelve powers in consciousness, symbolized by the

twelve disciples. The transformation of the body is gradual, and its culmination sure.

* * * * *

Is the "Upper Room" and the "Secret Place of the Most High" identical?

No. The "Upper Room" is the Christ center at the top of the head. This is the center of Spirituality, where all the faculties of the mind are concentrated in prayer and praise, and where the Substance of Spirit is assimilated. The Lord's Supper was held in the Upper Room. At this point the individual mind contacts the Superconscious or Christ Mind. When one prays his forces are naturally attracted to this center of Spirituality or Upper Room, and all man's thoughts are exalted when he has feasted with his Lord.

The "Secret Place of the Most High," is the conscious presence of God within the soul. Jesus called this place the "closet," when he said, "When thou prayest enter into thy closet." This is a place of silence, and is within man. To enter this Secret (Silent) Place, we turn our attention to the Center of Being, or heart region. Holding the words, "Our Father" or "God is Love," will help establish unity with God and keep one poised in the within. We enter the Secret Place at the Heart Center, through relaxation, concentration and meditation. Through meditation we sow living words of Truth in the subconsciousness, and the quickening of body consciousness begins. Eventually the whole man, spirit, soul and body, is unified in the perfectness of the Christ Mind.

* * * * *

Distinguish between Inspiration and Intuition.

Inspiration is direct revelation from Divine Mind through the "Spirit in man," that giveth him understanding. Through inspiration man enters into a knowing that is superior to knowledge gained through the processes of the intellectual mind. When man is quickened of the Spirit, he is open to inspirations of that Spirit, and through consciously centering his attention in the within receives direct from Om-

niscience the understanding he may desire. If he abides in spiritual consciousness, the inspirations of the Almighty flow naturally into his mind and his knowing is absolute and omnipresent.

Intuition partakes of both the spiritual and error consciousness of man. It is the nearest approach that man, living in dual consciousness, has to the inherent Spirit within him. It is a sort of knowing without understanding. Intuition is a soul quality and may pertain to transactions entirely foreign to spirituality. However, man in spiritual consciousness is open to both intuition and inspiration, both always working for his highest good. One may intuitively know for others, but inspiration is the Father's own voice speaking in individual consciousness.

There is a time in every man's education when he arrives at the conviction that envy is ignorance; that imitation is suicide; that he must take himself for better, for worse, as his portion; that though the wide universe is full of good, no kernel of nourishing corn can come to him but through his toil bestowed on that plot of ground which is given to him to till. The power which resides in him is new in nature, and none but he knows what that is which he can do, nor does he know until he has tried.—*Ralph Waldo Emerson.*

A GOOD SUGGESTION

When I come across short statements of Truth in my reading of Unity literature, I write them down in a blank book which I use for that purpose. I classify them all under different heads, such as Life, Love, Growth, Spiritual Consciousness, etc., so if I desire I can look rapidly through the whole and find all that is under one heading. This book could be indexed to good advantage. I would not part with my book, and as the Truth unfolds to me, my little record becomes more precious to me.—*H. M. C., Plymouth, N. H.*

The Universe is a thought of God.—*Schiller.*

EDITORIAL MENTION

The question of man's duty to man and to God, is often perplexing. Religious enthusiasts, seeing the transient condition of the man-made world, often decide to ignore it entirely and refuse to obey its laws. This leads to contention, inharmony and injustice. So long as we live in a plane of consciousness where certain laws are necessary for the good of the majority, we should observe those laws and give our money for their support.

Jesus never resisted the law of the land—his opposition was directed against the religious bigotry of the prevailing orthodoxy of that age. The secular government was meeting the temporal needs of the people in protecting them from invasions, building roads, sustaining courts of justice, etc. It was right that every man should give tribute to these if he was just. But the Pharisees, Scribes and Sadducees dominated men with a religion they did not themselves understand. To these Jesus said, "Woe unto you!"

History repeats itself, and that same lot of religious obstructionists are in evidence today, trying to make people believe a religion which they do not understand nor demonstrate.

These think that heaven is a place where the relations of the personal man are continued. Jesus told them plainly they did not understand the Scriptures nor the power of God. When man rises out of the consciousness of the flesh and its relations, his mind is wholly changed. When he is joined to God the original dual nature is restored and he realizes what it means to be "male and female" in one body.

Jesus shows the error of believing in a literal death, and connecting God and his law with it. The burning bush which Moses saw is the perpetual fire of Divine Life ever burning in the inner centers of body. What does it know about the disintegration and scattering of the outer flesh? Its ego is not of death but the Ego of Abraham (Faith), Isaac (Joy) and Jacob (Possession).

* * * * *

The Rich Young Ruler in Jesus' parable, is person-

ality. It is that in us that lays store by the things of form and shape. Selfishness attaches personality to the things of sense, while unselfishness liberates it.

Personality is selfish for eternal life and strives to attain it.

Personality does not know the Real Good. Personality follows the letter of the commandments, and is commended, but there is one lack—it must give up its belief in earthly possessions.

Personality is disappointed because it cannot retain its belief in earthly possessions and at the same time have consciousness of spiritual things.

When personality attaches itself to material riches it really believes in another power than God. It trusts the resources of the visible instead of the invisible, and thus weakens its spiritual faculties. All the powers of the mind must be developed spiritward before man can rise to that higher consciousness called heaven. If there is trust in riches, trust in God is weakened and the soul is not equal to the discipline necessary to the higher life. It is possible, but rare, for one to have large possessions and yet be able to enter into the consciousness of eternal life. God only can make the condition necessary, and it must be a compact between the man and his creator as to the disposition of his riches. If a rich man would covenant with God to give all his possessions to the furtherance of the Good, and dedicate everything to that end, and make himself a steward of the Father, he might enter into the kingdom.

Giving up all trust in the help of relatives and earthly possessions and following the guidance of the Higher Self brings as a final reward a consciousness of the Real, upon which these outer conditions rest.

Those who seem to have first place from the worldly standpoint shall be last in the final test, and those that seem least shall be given first place. On every hand we see quiet spiritual workers who are laying up a store of true thoughts in the heavens of the mind, that must eventually precipitate

into visibility and make them prominent lights in the spiritual firmament.

* * * * *

A blind man always represents obscured understanding. The eyes express the ability of the mentality to perceive Truth. When the light of understanding dawns upon us we naturally exclaim, "I see, I see," meaning that we mentally perceive.

To heal the eyes, declare your perception of Spiritual truth is clear and strong, and your faith in the power of the formless and invisible unshaken. If you are in total spiritual darkness and negation, begging and helpless, you need the near presence of Jesus, the *I Am* of Spirit. When the consciousness of the omnipresence of this mighty one dawns upon you, hope springs up in your soul and you cry out for help. All things of worth are attained through persistent seeking and striving. The Scripture commends persistency in striving for spiritual things. Jesus gave the illustration of the woman who through her importunity worried the judge into granting her request. One who is in darkness should not be discouraged nor allow the rebukes of attending thoughts to thwart the great desire for light. Soul energy will brush away all barriers if we persist. True faith is the assurance of that which we desire, and when this touches a certain place in consciousness the light of Spiritual understanding dawns upon us and we glorify the Good.

* * * * *

Jericho is the opposite of Jerusalem. One represents the Spiritual—the other the material. We often start from Jerusalem with high spiritual resolves but are robbed by outlaw thoughts on the way.

Publicans and sinners live in Jericho, but they are apt to be "little of stature," like Zacchæus. In fact, from the spiritual standpoint, they are pigmies. But these little fellows are not to be ignored, and when they show enough interest in a Great Teacher to climb a tree when he passes by, they are on the way to redemption.

In the presence of the Righteousness of the Spiritual

Understanding, Justice is quickened in the materially-minded rich man (Zacchæus), and he makes restitution. In the redemption of the body this is the restoration to their rightful place of life, substance, intelligence and power. They are spiritual instead of material.

* * * * *

Here is the foundation of the caste system: When man begins in thought to see himself better than other men, he makes a place in his body which is the dwelling of this thought of superiority. Next this separation extends to environments. Social apartness follows.

When the Truth comes to one in this fixed state of mind there is a tumult in the body. The fear that the rites and customs of the church will be interfered with is uppermost. What those in authority have taught, and what the customs and beliefs of the past have been, is of more weight than reason and logic. An innovation upon old methods of thought is resisted. The whole religious nature is moved, and thought runs to meet thought, and a concentration of resistance is set up in the mind that forces the Truth right out and closes the doors. Many people wonder why they do not develop Divine love more quickly. Here is the reason—they make a wall of separation between the Jew and the Gentile, the religious and the secular, the good and the bad. Divine love sees no such respect of person. It is principle and feels its own perfection everywhere. It feels the same in the heart of the sinner as in the heart of the saint. When we let this Truth of Being into our hearts and pull down all walls of separation, we shall feel the flow of Infinite Love.

* * * * *

On resurrection morning the friends and followers of Jesus seem to have forgotten this promise that he would "rise from the dead," and they were looking for his dead body in the tomb. This means that when the belief in death has overshadowed us it darkens the understanding, and we must get from under it before we can be conscious of the presence of awakened life. Mary was searching for her Lord and Master in the tomb, while all the time he was at

her side. John and Peter failing to find him where they expected him to be, "went away again unto their own homes."

These all represent phases of consciousness in the mind that has gone through the crucifixion and burial of some mortal idea. When a great ambition fails there is relaxation throughout the system, and without the Christ to lift us up, we are dead indeed. Everything seems dark and all our hopes crushed. It is then that we "turn back," to the living thought of the Jesus (*I Am*) standing near by, which says to us, "Woman, why weepest thou? whom seekest thou?" Grief and the search for the lost one in some external place has to be quickly done away with. The ascending thought of the *I Am* is the saving idea, "I ascend unto my Father, and your Father, and my God and your God."

The resurrection of Jesus takes place in us every time we thus rise to the realization of the perpetual indwelling life, connecting us with the Father. The grave-clothes of mortal sense, which are thoughts of man's limitation and the necessitous obedience to material laws, are left in the tomb of matter. Jesus said, "I have overcome the world." This means not only man-made laws, but the so-called laws of nature also. The *I Am* is a law-maker, but in order to rise into the realm of pure ideas, the Father to which Jesus went, it must not be attached to (touched) by the clinging affections of the soul (Mary). The two angels, "one at the head and the other at the foot, where the body of Jesus had lain," represent the pure, undefiled ideas of man's spiritual body always present in Divine Mind. The human sense of body has been taken away, but the spiritual consciousness always abides. These two bright and shining thoughts said to the weeping Mary, "Why seek ye the living among the dead? He is not here, but risen."

The most effective consolation we can get and give to others under grief, is to *deny* the human belief in death and separation. This dissipates the flood of sorrow-thoughts that submerge the souls of those who mourn. Jesus did not want the sorrowing Mary (thought) to touch him, because it would pull him down into the darkness and ignorance of

mortality. The spiritual mind does not grieve over anything, nor look to matter and the limitations of the flesh for Life eternal.

Always keep to your highest thought and deny every suggestion of sorrow or loss. To dress in mourning, and use black-bordered stationery, "out of respect for the dead," is a remnant of savagery. The children of darkness wear sack-cloth and sit in ashes, but the Children of Light rejoice, look up!—ascend in every thought to the Father of Life and Light, and are thereby set free from the burden of grief and belief in separation.

* * * * *

There are twelve controlling centers in the organism, through which the mind acts as principal. In Scripture they are referred to as the twelve foundation stones of the temple, the twelve sons of Jacob, and the twelve disciples of Jesus Christ. It requires great ability to consciously locate and develop all of the twelve, and the average student will find the primitive seven sufficient to begin with. They are as follows.

	Color
Spiritual Understanding—Top of head	Yellow
Power—Throat, root of tongue	Purple
Love—Center of breast	Pink
Substance—Pit of stomach	Green
Truth—Navel	Blue
Life—Generative organs	Red
Strength—Back (kidneys)	Indigo

To vibrate these in unison, begin with a general realization of Wisdom, Love, Power, Substance, Truth, Life and Strength. These are ideas in Divine Mind, and are projected into human consciousness at these various centers, each having its corresponding brain through which to function. The starting point is always Spiritual Understanding. Center your attention in the top of your head and affirm your unity with God and all his wisdom and knowing power, and with all thoughts pertaining to that department of Being. Then drop from there to the Life center and affirm the presence of the one Divine Life in all of its purity, vigor, etc.

Then go to Power, then to Strength, then to Love, then to Substance, then to Truth. At each of these centers speak words of spiritual authority in the name of the Christ. Do this over and over, but not necessarily in the order given. You will find some centers weaker than others in responding, and you will have to abide in their "house" and speak the words of Truth there more continuously than in some others; but keep up this inner concentration until you feel a vibratory current all through the body.

* * * * *

"The whole creation groaneth and travaileth in pain together until now, waiting for *the redemption of the body.*"

We have now come to a time of spiritual awakening which reveals that the body is to share in the salvation of Jesus Christ. It is not to perish in corruption, but is to be transformed by the renewing of the mind and put on immortality and incorruption. The New Testament teaching is very plain on this point. This Truth must be taught, received and laid hold of before one can get the benefit of it. While he has no appreciation of the body, but looks upon it as an old wornout garment which he is to lay aside that he may pass to a "higher life," he will of course reap the fruit of his thoughts. But when he is awakened to the knowledge of the Truth about the redemption of the body, he will change his thought and see as the pure, holy, spiritual Temple of the living God, what before he thought was corruptible flesh, fit only for the grave.

"Yet in my flesh shall I see God." When you see God in your flesh, you will see there intelligence, unending life, pure spiritual substance and the body will be transformed by beholding the truth about it.

Every one must some time make this demonstration of the redemption of the body. If one falls short and lets disintegration and dissolution get into his organism so that it goes to the grave, he must return and take up another body, and yet another until he does get awakened to see the need of redemption, and lays hold of this salvation so that for him there shall be no more death experience.

Life is omnipresent. It is always here in its fullness. If this were realized we would know we did not have to go away somewhere to get it in its highest. It is all a matter of consciousness. We can be conscious of the highest life here and now if we are quickened to a realization of omnipresent life, and if we are not so quickened all the death experience in the world would not bring us to that life.

Spirit, soul and body are one. Dissolution is no part of being. The belief that the body is a thing separate and apart from the man, leads to separation. Man needs his body and if he loses one he must get another.

What would be called a merely beautiful life is not all that is required to demonstrate health and eternal life. There must be understanding of the Omnipresence of life and of the oneness of the whole man, Spirit, soul and body, with that life.

If we believed there was a beautiful life beyond, better than this earthly life, we would not be trying to heal people and keep them here. There is a better life, but it does not come by dying, but by gaining a new consciousness of the fullness of life already all about us. This new consciousness is gained by study and meditation upon the Truth of Being, and by laying hold of the Divine Idea of eternal life and wholeness. Paul said, "Lay hold on eternal life." It is not gained by merely seeing it as a possibility, but by faithfully conforming in all things to absolute Truth. In this way the mind is renewed and the body transformed from the natural to the spiritual.

It is much more joy-giving to know that life is Omnipresent and that we can all share in it here and now, than it is to think our friends must leave us and start out upon a long journey to find it. That very thought that it is needful to go is what takes them away from companionship with us.

Meditate upon the Omnipresence of God, and think what it would mean to have every cell of your body filled with eternal life and intelligence of Spirit. How could such a body decay or know any inharmony whatever? This is worth striving for, and the sooner each one lays hold of it

for himself, the sooner will he be able to help others, and by and by funerals and graveyards will be unknown, even as the prophets for ages have foretold.

GRATITUDE

Make a joyful noise unto the Lord, all ye lands.
Serve the Lord with gladness:
Come before his presence with singing.
Know ye that the Lord he is God:
It is he that hath made us, and not we ourselves;
We are his people, and the sheep of his pasture.
Enter into his gates with thanksgiving,
And into his courts with praise:
Be thankful unto him, and bless his name.
For the Lord is good; his mercy is everlasting:
And his truth endureth to all generations.

—*Psalm* 100.

A man's mind may be likened to a garden, which may be intelligently cultivated or allowed to run wild; but whether cultivated or neglected, it must, and will, bring forth. If no useful seeds are put into it, then an abundance of useless weed seeds will fall therein, and will continue to produce their kind.—*James Allen.*

Stay at home in your mind. Don't recite other people's opinions. See how it lies in you. If there is no counsel, offer none. What we want is not your activity or interference with your mind, but your content to be a vehicle of the simple truth.—*Emerson, in "Social Aims."*

No man or woman of the humblest sort can really be strong, gentle, pure, and good, without the world being better for it, without somebody being helped and comforted by the very existence of that goodness.—*Phillips Brooks.*

Blessed is the man who has the gift of making friends, as it is one of God's best gifts.—*Thomas Hughes.*

SUNDAY LESSONS

Sunday, January 28

DEMONSTRATIONS OF THE SUPER-MAN.—Mark 7:31-37; John 6:5-14.

31. And again he went out from the borders of Tyre, and came through Sidon unto the sea of Galilee, through the midst of the borders of Decapolis.

32. And they bring unto him one that was deaf, and had an impediment in his speech; and they beseech him to lay his hand upon him.

33. And he took him aside from the multitude privately, and put his fingers into his ears, and he spat, and touched his tongue;

34. And looking up to heaven, he sighed, and saith unto him, Ephphatha, that is, Be opened.

35. And his ears were opened, and the bond of his tongue was loosed, and he spake plain.

36. And he charged them that they should tell no man: but the more he charged them, so much the more a great deal they published it.

37. And they were beyond measure astonished, saying, He hath done all things well; he maketh even the deaf to hear, and the dumb to speak.

5. Jesus therefore lifting up his eyes, and seeing that a great multitude cometh unto him, saith unto Philip, Whence are we to buy bread, that these may eat?

6. And this he said to prove him: for he himself knew what he would do.

7. Philip answered him, Two hundred shillings' worth of bread is not sufficient for them, that every one may take a little.

8. One of his disciples, Andrew, Simon Peter's brother, saith unto him,

9. There is a lad here, who hath five barley loaves, and two fishes: but what are these among so many?

10. Jesus said, Make the people sit down. Now there was much grass in the place. So the men sat down, in number about five thousand.

11. Jesus therefore took the loaves; and having given thanks, he distributed to them that were set down; likewise also of the fishes as much as they would.

12. And when they were filled, he saith unto his disciples, Gather up the broken pieces which remain over, that nothing be lost.

13. So they gathered them up, and filled twelve baskets with broken pieces from the five barley loaves, which remained over unto them that had eaten.

14. When therefore the people saw the sign which he did, they said, This is of a truth the prophet that cometh into the world.

SILENT PRAYER: *All power is given unto me in heaven and in earth.*

All physical acts are first performed in the mind. The strongest man in the world, Sandow, said in an interview: "It is in the mind—all a matter of mind. The muscles really have a secondary place. A man with strong concentration of mind will develop quicker in the quality of his muscles than will he who cannot concentrate his mind upon the matter. The whole secret of my system lies in concentration of mind." This testimony from a man who is a muscular giant, is important because of the emphasis he puts upon the mind as the source of power.

But the mind does not necessarily have to confine its working power to fleshly muscles. A magnet the size of a man's arm will lift as much scrap iron as twenty men, when it is charged with electricity.

Metaphysicians find that there is an energy even finer than electricity through which the mind acts—they call it Spirit. When the mind concentrates upon Spirit there is an inflow of this finer force, and the whole man, spirit, soul, body, is charged like a magnet.

Decapolis means "Ten cities." In the symbology of the New Testament a city represents a nerve center. Jesus withdrew his attention from the outer centers (borders), Tyre and Sidon, and concentrated upon the "midst," Decapolis. These ten centers are of the soul, and when lined up by a developed mind exert great power.

Deafness is usually caused by inability of nerves in carrying sound waves. Back of this is the mind that prevents the natural inflow and outflow of universal life. Continuous thought about self and selfish interests throws the life force to the nerve centers and they become clogged. The blood and serums are congested in the mucous linings, and

medical men classify the various conditions that arise as disease. The remedy for such is a quickening of the life flow in the body, and opening of the mind to Truth.

Jesus may have treated the deaf and dumb man just as described in the lesson. He had purified and raised to a high rate of vibration all the elements of his organism. He was like a highly electrified magnet, which could impart its power to other magnets in a state of partial inertia. Energy flowed from his finger tips and his saliva was a quickening, purifying serum. When he had set going the physical machinery of hearing and speech, his next and most important move was to impart the consciousness of Spirit, which he did. "He looked up to heaven, he sighed, and saith unto him, Eph-pha-tha, that is, Be opened."

Jesus is still with us, doing his mighty works. "Lo, I am with you alway." We must have faith in the spiritual power of our minds, then the way is opened for the healing of our deafness and dumbness. We should all be hearing the voice of the Spirit and speaking the words of Truth. We need this treatment daily until our minds and ears are opened. Enter into the "midst" of your consciousness and quicken the power dormant there. Then throw it out to ears and tongue, saying as you do so, "In the name of Jesus Christ, Be opened."

Soul hunger is here represented as a "great company," and the question is, "Whence are we to buy bread, that these may eat?" Philip represents the Power capacity in man, which has to be called into action by direct appeal to it. Man is a great reservoir of capabilities that are not drawn to the surface and used, because not appealed to. When you want to do a thing, call up your Power Disciple and set him at the task. You *know* what your capacity is, but you must work it into expression under the Law.

Andrew is Strength, who discerns a *limited* supply of substance and life. He also requires a larger view of the omnipresent avenue. To him it is a "little lad." Before we have put them to use, all our faculties see things very small. Philip did not see how they could buy bread to feed

such a multitude, and Andrew saw only five barley loaves and two small fishes, "but what are they among so many?" We are very apt to let our subconscious thoughts look at the capacity in us in this small way. Unless we have the Christ understanding of the power of increase, our soul hunger continues. But he *knows* the Law and how to put it into operation so that our hungry thoughts shall be satisfied.

Soul hunger is often the cause of wan faces and starved bodies. People are running to and fro seeking satisfaction in various ways, yet not getting it. They are nervous, irritable, dyspeptic and anæmic, because they are not properly fed. The soul must be fed with Truth in order to live. A starved soul is a most pitiable thing. Christ alone can give such an one substantial food—his body (spiritual substance) and his blood (spiritual life).

Giving thanks in the right way always increases the substance and life. Luke says Jesus gave thanks, "looking up to heaven." This *looking up* is a necessary part of every spiritual demonstration. Many earnest Christians fail to get the increase because they do not *look up*. Not that heaven is up in the air, but because spiritual forces work through exalted thoughts, and these function in the top brain. So we always look up when we pray. In Mark, the Greek word means "praised, celebrated with praise." Jesus knew the great law of increase through thanksgiving and praising.

The breaking of the bread and distributing it to the disciples, to be by them passed to the people, represents the breaking up of crystallized forces in mind, and setting them into action through the various channels or centers in the organism.

The twelve baskets which were left over signifies that the twelve faculties of the mind received benefit from this treatment, and that a reserve supply remained in the consciousness. When we go into the silence and deal with our soul powers intelligently, we get permanent results. The Spirit has tremendous potentialities right at hand. At first trial the appearances may indicate small results, but like the

few loaves and *little* fishes, they will increase. Praise your talent and it will increase amazingly.

SUNDAY, FEBRUARY 4

TRUE TEMPERANCE.

SILENT PRAYER—*I am satisfied with the Substance of Spirit in the inner man.*

The subject of temperance cannot be comprehended in the mere abstinence from strong drink. This is the usual meaning and use of the term temperance, however, and nearly all those who make this reform their speciality, confine their efforts to methods that will remove the temptation, and control the appetite. These methods are usually the exercise of will and the recourse to external laws.

Intemperance has a cause lying deeper than appetite —the soul is yearning for something, and this outer craving but indicates the inward lack. So long as there is dearth of soul satisfaction the craving will continue. All reforms that do not go into this subjective side of the question are temporary. Many a man has been healed by mentally saying to him, "Your soul is satisfied with the love of God."

The soul that has no knowledge of the inner sources of life is like one who has great treasures in vaults he has forgotten. When his mind is freshened by one who is familiar with the true law, he begins to look for his supply, and finds it. Then he is living according to the law of his being, and the vague craving that led to outer sources of satisfaction, is done away with.

The intemperance of appetite in many of its phases is healed through this simple recognition of the law. Intemperate eating is accompanied by a craving for stimulants. Excessive meat eating and heavy drinking go hand-in-hand. But the Word of the Spirit opens the thought to the living substance at the very heart of the soul, and man forever loses that gross desire, built up by trying to get satisfaction from matter and material things.

A strong desire in the consciousness for a fuller reali-

zation of life leads most people to stimulants. The remedy is to substitute the real stimulant for the false. So long as man wants, he will seek the satisfaction of that want in one way or another. If whisky is taken away from the drunkard, and nothing given him in its place, he will continue to crave it. If he be given a substitute, he will transfer his desire to that, for instance, morphine or cocaine. But if he be given the real life element, which is the "more abundant life" mentioned by Jesus, he will find his desire in possession of its own, and both he and his friends will see that it was not evil but satisfaction he was seeking.

The first step, then, in healing the drunkard in ourselves or another is to withdraw all condemnation and censure, and affirm the law of love. There is a very close connection between Love and Life. When we love, and pour out that subtle essence of the soul which stirs the heart-center till it glows like a furnace, we are moving to action the life energies of Being, and a great law of mind equilibrium is fulfilled. "He that loveth another hath fulfilled the law."

A man once testified that he healed himself of drunkenness by saying, whenever the desire for liquor came on him, "I do not love whisky, I love God." Here was a practical application of the law of love to the healing of desire. The sense-man is constantly reaching out for the more abundant things of existence. The Spirit within is constantly saying, "Let the children of Israel go forward." We drink the bitter waters and are bitten by the serpents of sense whenever we try to satisfy through the flesh this inner craving. Soul desire is satisfied only with the higher things. Our desires are from God and must be fulfilled in Godlike ways. This sense-man must be "lifted up as Moses lifted up the serpent in the wilderness."

The minds of those whose bodies are saturated with the lust for tea, coffee, tobacco and liquor, are in darkness. They are asleep in sense thought, which is a state of coma. Those who are in the light can help them to dissipate this darkness by casting off the "works of darkness." Deny for them that they are mentally bound to the various thoughts

that make up the drunkard's world. Say with the conviction of authority, "Awake, thou that sleepest, and Christ shall give thee light."

"Put on the Lord Jesus Christ and make no provision for the flesh, to fulfill the lusts thereof." These lusts of the flesh are many and they help one another. For instance, it is found by actual experiment that abstaining from meat lessens the appetite for liquors. It is said that there never was a vegetarian drunkard. Meat sets up a fever in the stomach that calls for something to cool it and we drink more than the system needs. There are tea and coffee dipsomaniacs, and their need of healing is fully as great as the whisky drunkards. The word of spiritual satisfaction will also heal these.

Sunday, February 11

THE GREAT QUESTION.—Mark 8:27-38; 9:1.

27. And Jesus went forth, and his disciples, into the villages of Cæsarea Philippi: and on the way he asked his disciples, saying unto them, Who do men say that I am?

28. And they told him, saying, John the Baptist; and others, Elijah; but others, One of the prophets.

29. And he asked them, But who say ye that I am? Peter answereth and saith unto him, Thou art the Christ.

30. And he charged them that they should tell no man of him.

31. And he began to teach them, that the Son of man must suffer many things, and be rejected by the elders, and the chief priests, and the scribes, and be killed, and after three days rise again.

32. And he spake the saying openly. And Peter took him, and began to rebuke him.

33. But he turning about, and seeing his disciples, rebuked Peter, and saith, Get thee behind me, Satan; for thou mindest not the things of God, but the things of men.

34. And he called unto him the multitude with his disciples, and said unto them, If any man would come after me, let him deny himself, and take up his cross, and follow me.

35. For whosoever would save his life shall lose it; and whosoever shall lose his life for my sake and the gospel's shall save it.

36. For what doth it profit a man, to gain the whole world, and forfeit his life?

37. For what should a man give in exchange for his life?

38. For whosoever shall be ashamed of me and of my words in this adulterous and sinful generation, the Son of man also shall be

ashamed of him, when he cometh in the glory of his Father with the holy angels.

1. And he said unto them, Verily I say unto you, There are some here of them that stand by, who shall in no wise taste of death till they see the kingdom of God come with power.

SILENT PRAYER: *Thou art the Christ, the Son of the living God.*

When the spiritual *I Am* (Jesus) comes into the consciousness of *power* and *dominion* (Cæsarea Philippi), the question arises, Who am I in this faculty? In each faculty that the spiritual consciousness enters it takes on a different character, corresponding to the functions of that faculty. This is as it seems to the outer man only—to the Spirit it retains its distinctive character as the pure thought or Son of God—*I Am.* Power, dominion, mastery, has its center of action in the body in the throat, with its reserve force at the base of the brain or *medulla.* When man feels himself master, his voice is strong and resonant, but when fear, doubt and inefficiency are in evidence, the voice is weak and thin.

From the viewpoint of personality, man has played many parts, and when he shows his supreme mastery in spiritual power the outer thoughts think he is the incarnation of some great personage of the past. These, however, are like the clothes a man has worn; they are past history, out of service, and a deeper insight must be evolved before he can see himself as he really is. Spiritual discernment is called the eye of faith, typified by Peter. It discerns that spiritual man is Christ, the Son, or Thought of the living God. This is the very truth, and it is the rock foundation of the real character of man. The "assembly" or "church" of Jesus Christ is the aggregation of faculties.

When man realizes that he is a spiritual being, the *I Am* gives to him through faith "the keys to the kingdom of heaven," or Divine Order, and he has the power in his earthly tenement of binding and loosing, both the material and spiritual realms.

This knowledge of man's Christhood is not readily

received by those in mortal consciousness; hence the command to "tell no man."

In order that spiritual man may be supreme in consciousness, mortal man must be crucified. This becomes clear to the inner consciousness as the universal character of the Christ man is revealed, hence the teaching of the necessity of a crucifixion of the man that appears to sense consciousness to have existence independent of God.

The disciples, or faculties of the mind, have been built up largely on the outer plane of consciousness, and they do not understand the necessity of the crucifixion of personality. Peter, especially, rebukes such a proposition, but the Supreme One recognizes his thought as a stumbling-block to that final giving up that precedes the transfiguration. Thus faith in the perpetuity of mortality is a stumbling-block to spiritual development. The loss of this personal life is the only way to find eternal life. The acceptance of this mighty truth takes away the consciousness of death, and reveals the Son of God coming into his kingdom here and now.

Sunday, February 18

THE TRANSFIGURATION.—Mark 9:2-13.

2. And after six days Jesus taketh with him Peter, and James, and John, and bringeth them up into a high mountain apart by themselves: and he was transfigured before them;

3. And his garments became glistering, exceeding white, so as no fuller on earth can whiten them.

4. And there appeared unto them Elijah with Moses: and they were talking with Jesus.

5. And Peter answereth and saith to Jesus, Rabbi, it is good for us to be here: and let us make three tabernacles; one for thee, and one for Moses, and one for Elijah.

6. For he knew not what to answer; for they became sore afraid.

7. And there came a cloud overshadowing them: and there came a voice out of the cloud, This is my beloved Son: hear ye him.

8. And suddenly looking round about, they saw no one any more, save Jesus only with themselves.

9. And as they were coming down from the mountain, he charged them that they should tell no man what things they had seen, save when the Son of man should have risen again from the dead.

10. And they kept the saying, questioning among themselves what the rising again from the dead should mean.

11. And they asked him, saying, How is it that the scribes say that Elijah must first come?

12. And he said unto them, Elijah indeed cometh first, and restoreth all things: and how is it written of the Son of man, that he should suffer many things and be set at nought?

13. But I say unto you, that Elijah is come, and they have also done unto him whatsoever they would, even as it is written of him.

SILENT PRAYER: *I am transfigured and transformed by exalted spiritual thought.*

Matthew says that Jesus went up into a mountain to pray, and was there transfigured. Prayer always brings about an exalted or rapid radiation of mental energy, and when it is accompanied by Faith (Peter), Love (John) and Truth (James), there is such a lifting up of the soul that it electrifies the body; and the raiment (the aura surrounding the body) shines with glistening whiteness.

The appearance of Moses and Elijah represents the two processes through which this picture of the purified man is to be objectified or demonstrated in real life. The first is the Mosaic or evolutionary process of nature, through which there is a steady upward trend of all things. Spencer and Darwin observed this law, and their works are marvels of mental penetration. This evolutionary process is part of a spiritual plan for the redemption of the human race from its fallen state. The other is the ability of the prophet Elijah, or spiritual discerner of Truth, to make conditions rapidly change on the mental plane, to be in due season worked out in substance. Thus we are told in the lesson that Elijah must first come and restore all things. The mind must first be set right through spiritual understanding, after which comes the demonstration. Peter, proposing to erect three tabernacles, carries out this idea of a substance manifestation for each, but his ideas were vague as to the process, hence the accompanying voice out of the cloud, "This is my beloved Son: hear ye him."

All that we see in our high moments, whether in visions or dreams, are mind pictures, and in the very nature

of growth from thought to thing, they must come to visibility. But those who develop their mental powers can dissolve these thought forms and stop their growth, as easily as one crushes a seed in the ground. Thoughts can also be formed and planted in the universal mind-substance. This is what the Master reveals to his disciples, and they are endowed with discernment by the Higher Wisdom, or Son of God, as to how they shall both dissolve and form thoughts. Whoever works in this realm of thought, and is not obedient to the Divine Wisdom, is not safe.

To "tell no man what things they have seen until the Son of man is risen again from the dead," means that we shall not consider these mental pictures as real and talk about them as persons. They represent ideas which can only be understood when they are demonstrated in the risen man.

This process of the submerged Christ coming into life again in human consciousness is of deep metaphysical import, and the disciples are often in the dark as to the meaning of it all, and they question among themselves. But do not become involved in the doubts and fears of your faculties—keep your eye on the Christ of God within, and you will understand all that is written of the Son of man, and what experiences he passes through in demonstrating his Christ-power.

In the last few years I have developed a religious belief that has now become to me as real as any commonplace fact: I think that mankind is still, as it were, collectively dreaming and hardly more awakened to reality than a very young child. It has these dreams that we express by the flags of nationalities and by strange loyalties, and by irrational creeds and ceremonies; and its dreams at times become such nightmares as this war. But the time draws near when mankind will awake and the dreams will fade away; and then there will be no nationality in all the world but humanity, and no king, no emperor, no leader but the one God of mankind. This is my faith. I am as certain of this as I was in 1900 that men would presently fly. To me it is as if it must be so.—*H. G. Wells, in "Saturday Evening Post."*

Society of Silent Unity

913 Tracy Ave. Unity Bldg. Kansas City, Mo.

"Be still, and know that I am God."

INSPIRED BY THE SPIRIT OF TRUTH

THE SOCIETY OF SILENT UNITY IS THE ABSENT HEALING DEPARTMENT OF THE UNITY WORK. IT HAS A MEMBERSHIP EXTENDING THROUHOUT THE CIVILIZED WORLD. IT HELPS ITS MEMBERS IN EVERY NEED OF LIFE, AND ALSO HELPS THEM HELP OTHERS. IF EVERYTHING ELSE HAS FAILED WE WILL HELP YOU. "ALL THINGS ARE POSSIBLE WITH GOD."

IT DOES NOT MAKE A PARTICLE OF DIFFERENCE WHAT YOUR SPIRITUAL, MENTAL, PHYSICAL OR FINANCIAL CONDITION IS. IF YOU NEED HELP, WRITE TO US AND WE WILL PRAY TO THE FATHER IN SECRET, AND THE FATHER WHICH SEETH IN SECRET SHALL REWARD YOU OPENLY. NO CHARGE IS MADE FOR OUR SERVICES, BUT FREE-WILL OFFERINGS ARE THANKFULLY RECEIVED. ALL LETTERS ARE STRICTLY CONFIDENTIAL.

UNITY SCHOOL OF CHRISTIANITY
(Silent Unity Department)
913-925 Tracy Ave., (Unity Building) Kansas City, Mo.

CLASS THOUGHT

January 20 to February 20, 1917
Held daily at 9 p. m.

The Christ-Mind now gives me wisdom and power to express Divine Wholeness.

PROSPERITY THOUGHT

January 20 to February 20, 1917
Held daily at 12 m.

The Christ-Mind now gives me wisdom and power to express Divine Prosperity.

THOUGHTS FOR DAILY MEDITATION

The following are the texts to be used by the Silent Unity workers at Kansas City, Missouri, in their ten a. m. Silence, from January 15, 1917, to February 15, 1917.

January 15th to January 31st—John 15:7, 8: If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you. Herein is my Father glorified, that ye bear much fruit; and so shall ye be my disciples.

January 31st to February 15th—James 1:17, 18: Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom can be no variation, neither shadow that is cast by turning. Of his own will he brought us forth by the word of truth, that we should be a kind of first-fruits of his creatures.

RAYS OF TRUTH

Nothing in the world is more beautiful, or more winning than the one through whom the Spirit of God habitually radiates, where we find always faith and courage and tranquillity, escaping, in turn, in the form of love and sympathy and good will for all. These are they who are always expecting the best, through this silent, subtle force are always attracting the best. There is some mystic force that comes into actual operation when this God-consciousness in man is once awakened; whether it be by virtue of the qualities of the subconscious mind, as some are thinking, or whether through some other agency, we do not know. That such a force does become active no one who has become at all intimately acquainted with the lives of any of the world's great mystics, or who realizes such results in his own or her own life, can have any doubt. It lifts one into a sense of the eternal in the midst of difficulties, the problems and even the sorrows of the common daily life. Thus is the whole life lifted up, as through the human there flows, so to speak, the illumination and the strength of the Eternal.—*Trine.*

LITTLE LETTERS FROM THE FAITHFUL

This department is in fulfillment of the promise of Jesus Christ, "These signs shall follow them that believe; In my name shall they cast out devils; they shall speak with new tongues; they shall take up serpents; and if they drink any deadly thing it shall not hurt them; they shall lay hands on the sick and they shall recover."—Mark 16:17, 18.

Health is a universal good, and people everywhere are desiring to express this quality of Being. Health is not something that comes and goes; it is always present in its fullness. But an application of certain principles, on the part of man, is necessary before he can enter into fullness of harmony in mind and body, and incidentally, in affairs. Man is the offspring of God and is endowed with creative powers. He partakes of the nature of the Parent Mind in the degree that he rises to a spiritual consciousness, for God is Spirit, and they who worship him must do so in Spirit. Spirit and Mind are identical. We approach Mind through ideas. When man harmonizes his ideas with Divine Mind (All Good), he touches God and thus opens the door to the inflow of harmony.

We cannot express Health through dwelling in thoughts of disease. Man must realize his inheritance as a child of Spirit, and through a process of thought and words, bring into expression a consciousness in harmony with the Truths of Being. Man has power to bless or curse himself and the whole human family with his thoughts.

Through establishing in consciousness the principles of Jesus Christ, man can enter into complete redemption now; this means freedom from every mortal limitation. God is a loving Father dwelling in the hearts of all humanity, waiting to bless them with every good and perfect gift, when they turn and seek him with the whole heart.

The department of Silent Unity is especially devoted

to the ministry of healing. Our consecrated workers join in speaking the Word, and through the quickening power of the Holy Spirit, all manner of diseases are healed. Many letters of thanksgiving, praise and joy are received from people, who with minds inspired, bodies renewed, lives brightened and enriched, are seeking a fuller understanding of the principles governing a child of God. The following are extracts from some of the letters received recently:

HEALTH

Jewell Station, Va.—I wrote you for prayers to avoid an operation for appendicitis, which the doctor said must be performed at once. I was thoroughly examined by my physician who said the appendix was much inflamed and swollen and it was dangerous to wait longer. I asked for three hours' time, which was reluctantly granted. When the doctor left me, I began to affirm, that through God's goodness and power all symptoms of appendicitis would leave by six o'clock. At that hour, the doctor returned, made another examination and pronounced all appendicitis symptoms entirely gone. I have never had a recurrence of the attack. That was the third one I had had, and was the reason an immediate operation was deemed necessary. I can never be thankful enough to you and the good Lord for strength given me at the time most needed.—*M. G.*

Napa, Cal.—I desire to express my thanks for the great help I have received through the Truth. I was a sufferer from chronic constipation, sick headache, liver trouble, stomach trouble and nervousness. Two months ago I was advised to try Charles Fillmore's "Christian Healing." I sent for the book, and after reading the first lesson I laid the medicine aside. Some days it was a struggle; headaches tried to come, but I have completely overcome them all, and I am gaining in weight, and I am happy.—*L. G.*

Casper, Wyo.—I am happy to report that my teeth are doing fine. One has filled so beautiful and white, and the others are filling, and one beautiful new one just like a child's tooth. I am so thankful. I can never praise Unity enough for showing me the way to the All-Providing Father. —*Mrs. R. H.*

Jersey City, N. J.—I wrote you asking aid for G. E., who has been ill since last July. He is covered with sores which seem to be beyond the doctor's help. I do not know

the young man except through my sister, who is his nurse, and she does not understand the healing power of Christ. Nevertheless, I knew that God's health would manifest in him and truly it has. The following Tuesday after my letter was mailed, there was the slightest trace of improvement, and when my sister removed the bandages his flesh seemed a little dryer than at any time before. He is now so much better and the doctors think he will recover. When I learned of this I silently gave thanks to God, our ever-present health and life.—*A. E. E.*

Excelsior Springs, Mo.—The neuritis I suffered with for several years has left me. I am full of energy and strength and praise God many times a day for his wonderful blessings. Several years ago a small red spot made its appearance on my nose and finally assumed a cancerous condition. Four years ago I had it removed by a specialist. Many times since it would itch and burn and a festered spot make its appearance in the center of the scar. This was the condition when I asked your help. The next morning the itching ceased and the spot disappeared. I did not tell my husband when I wrote for your prayers, and a few days afterward he said to me, "Why, all the redness has left your nose and it looks better than I have ever seen it." The scar is disappearing also and I am so thankful.—*Mrs. D. K. T.*

Watertown, N. Y.—My son had the grippe and it turned into pneumonia. His fever went up to 102. The doctor said there would be a change by the next Sunday. This was Thursday when we went to see him. That evening at nine o'clock we went into the Silence and held the Truth for him. The next morning the doctor came, and was very much surprised to see the great change in him. His fever was gone and he was sitting up. He is going back to work this morning. We are indeed thankful.—*Mrs. F. C.*

Algiers, La.—I want to thank you for prayers I asked for my father who suffered a stroke of apoplexy. Before I received an answer to my letter he got out of bed and walked. He surprised the doctors, and relieved my mother from the worry and strain of anxiety. My children and I are in good health. I also wish to thank you for prayers asked for H. He has been well ever since I received your letter, is going to school, and is enjoying good health, the first in three years.—*Mrs. H. J. G.*

Gretna, La.—I am indeed thankful to you for your prayers. I had waited too late for an operation, so the

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doctors told me, and therefore they couldn't do anything for me, but God being good and merciful, heard and answered our prayers, and has completely restored me to health. I can never thank you and the dear Father enough. —*E. D.*

Le Roy, Kans.—I am glad to report that I am healed of hay fever. When I found it difficult to breathe while lying down, I held the thought you sent me and found I could breathe easily and sleep while lying down. I praise God for the relief.—*I. E. W.*

Oakes, N. D.—This is to report about little S. U., of whom I wrote you. Yesterday they were with me again, and after being away a week I could see what an improvement there was. He is walking about like a fifteen months old child would, and trying to talk, and the expression has changed entirely in both eyes and in his face. He seems so surprised at everything, as if he had never seen us or anything, and is so happy. It is as if he had suddenly become alive. In November last year I asked you for prayers for mother L., who had a hip broken in an auto accident. She has just been with us for a week, and learned of your help given at that time. She said, when I told her, "I knew someone was praying for me. I have been a different person ever since." She has gone home with a lot of your literature, happy and grateful to you.—*Mrs. F. E. L.*

Seattle, Wash.—Rejoice with me and the mother and friends of W. J. over his speedy recovery from Bright's disease. He returns to his work next week in perfect health. His case has been carefully watched by many and all say it is remarkable. Then I tell them of the Truth and the wonderful power of God.—*M. H. S.*

Syracuse, N. Y.—After writing you some three weeks ago for prayers for asthma and goitre I contracted a severe cold, and as I have recently recovered from pneumonia, felt I had to have a doctor. After receiving your letter and pamphlets I stopped taking medicine, and trusted to Divine Healing. It was a hard battle to one so young in the newer thought, but I trusted God to make me whole. It has worked out wonderfully. I am gaining in grace every day and know that I shall be healed. I was up one night with UNITY and my Bible, but retired Thursday night about eleven, and had a perfect night's rest. I unite with you daily in prayers, and hope to help others as I have been helped.—*Mrs. J. E. C.*

Washington, D. C.—Three years ago I asked your

prayers for stomach trouble which I had had for ten years. After two weeks treatment from you I have never been bothered since.—*A. C. D.*

Latrobe, Pa.—The maid came rushing upstairs to me, saying that Helen had been run over by an automobile. The doctors brought her upstairs and put her on the bed. I took one look at her and then went to telegraph you. Her recovery was simply marvelous! The beginning of the third week she returned to school and made up her lost work. Her experience was a wonderful one for me, too, for right along I saw the Spirit of Divine Love adjusting everything into Divine Harmony. I do thank God for you people, and hope to be one of the strong helpers and healers soon.—*A. C. M.*

Erie, Pa.—Some time ago I asked your prayers. A physician had told me I must have an operation for internal cancer, but thanks be to God, I am healed. God's power is the same yesterday, today and forever. I know that the Truth makes free. How thankful I am that I am learning through UNITY, and by listening to the voice of the Spirit, so many wonderful lessons.—*Mrs. F. D. R.*

Moorestown, N. J.—I wrote you in September for my husband, who was having severe chills. I mailed your letter before retiring, and I am happy to state that he has not had one since.—*Mrs. A. B. B.*

Kellog, Idaho—Three weeks ago a seven-foot, three-hundred-pound steel bar fell down from a perpendicular position and struck Mr. M. across the small of the back. He is entirely recoverd, but is careful about heavy lifting. We think it wonderful how he escaped so lightly. My son suffered all one morning from a very severe cough. I had been holding Truth thoughts and put him to bed at two o'clock for a nap, still affirming Truth and health. He awoke healed!—*Mrs. M. T. M.*

Oakland, Cal.—About four months ago I wrote and asked your prayers for my father who was not expected to live. Two days after writing to you, he took a turn for the better, and today he is back at work. Thank God! The doctors gave him up, and your prayers cured him.—*A. W. G. Jr.*

Norwich, N. Y.—I wrote you for prayers for my niece who had a goiter. Now it has disappeared. I have been helped and largely benefited in my business, and I look to God Almighty to keep me. God bless you.—*H. B.*

San Jose, Cal.—Two years and a half ago I was in a

terrible state of health. The doctors said the only thing for me was an operation. I went to San Francisco and consulted other doctors and they all said the same; that I would have to go through six different operations all at once. My back would not support me. If I laid down some one would have to help me up. A friend told me of the Truth and through your prayers I am healed.—*L. D.*

Note: Should anyone want to know about my case let them write to me.

Hilliard, Ohio—I wrote you, asking prayers for my son who had been bitten on the hand by a rat, and from which symptoms of tetanus were fast developing. In three days from the time I mailed my letter, he was pronounced out of danger and on the sixth day left the hospital and came home. He is now working on the farm, in perfect health. My heart overflows with thankfulness to God, through whom your work is done.—*L. W.*

Bozeman, Mont.—My vision seems so clear most of the time. I know it will ultimately become clear all the time. I use no glasses, and do my sewing and reading at night even without them. I praise God for such kind friends as you are. May all good ever be yours.—*Mrs. C. E. C.*

Philadelphia, Pa.—I believe thoroughly in Practical Christianity. Several years ago when my mother was in a dying condition, and pronounced unable to live through the day by physicians, she passed through the crisis after one treatment, and eventually recovered.—*F. T. S.*

Dunlap, Kans.—My husband is well, not only having recovered from the sudden attack of cold, but has no symptoms of his old asthmatic trouble.—*H. L. R.*

Toronto, Ontario, Canada—All my life I have been subject to severe headache, but since I asked your prayers I have had only two slight attacks in three months. I am now much stronger and do not eat meat. When a big day's washing is ahead of me and I do not feel equal to it, I affirm that, "It is not I but the Father within me, he doeth the work," and it is wonderful how much I can accomplish in a few hours. There are also better conditions existing in the family circle and I am so thankful.—*Mrs. H. J. G.*

Eufaula, Okla.—Last night my husband slept all night long, something he has not been able to do for weeks. I am so thankful and am praising God for the wonderful demonstration of his power.—*Mrs. J. C. S.*

St. Louis, Mo.—It is with deepest gratitude to God and to you that I am sending you this love offering. I am

enlightened sufficiently to give praise for the Truth, no matter what the present temporary manifestation might be. I am also able to commit myself and my problems to God. There has been such joy in my heart since receiving your last letter. The swelling on my nose began going down, the boil opened, and it is practically healed. But best of all there is with me a sense of His Presence.—*A. L.*

Santa Ana, Cal.—I am glad to report to you that my father is much better. His heart is practically normal and his kidneys are much improved. Soon after I wrote you the first time, the doctors gave us no encouragement that he would ever be out of bed again, but he has been up for a week now, and is growing stronger each day.—*Mrs. R. P.*

Phoenix, Ariz.—I telegraphed to you for prayers for my eight year old son, whose throat was very badly inflamed and swollen. An osteopath, whom I had called when the child had a fainting spell, said most medical doctors would have given anti-toxin for diphtheria. I did not use any medicine, and when the doctor called in the evening the child was much better. Without this spiritual healing an operation would have been necessary. His throat was so badly swollen that he had great difficulty in breathing when he slept. I am so thankful that he has been healed.—*Mrs. G. J. S.*

Bremerton, Wash.—I wrote you for prayers for a tumor that was growing in my side. Before the letter had time to reach you, the request was heard and He healed me. "Before they call, I will answer; and while they are yet speaking will I hear." I cannot be grateful enough. He keeps me in all my ways and guides me in ways of gladness. —*B. R. R.*

Honolulu, T. H.—I am growing in understanding and certainly demonstrated the Truth the past winter when I escaped Dange fever (peculiar to the tropics) and all other ills, while my neighbors and fellow employees were obliged to remain at home, take medicine and stay in bed. It was a wet winter and I received many drenchings, but absolutely no harm resulted. As Mr. Fillmore said in one of his lectures: "We can walk through the rain and not get wet." —*Mrs. F. M.*

Northcote, Auckland, New Zealand—Little G. is free and whole. She was near to losing her body, and I was able to speak the Word for her successfully.—*H. R.*

Shawnee, Okla.—If any one doubts what I say it can be amply verified. It was said I could not live more than

an hour, that my breath was getting shorter, and the rattle had already started in my throat. Mrs. M., one of my converts to the Truth was here, and she denied everything that was said. When my sister came and saw my condition she telegraphed Unity for help. The next day I was conscious. This was Monday, and I had been unconscious since Friday. I feel sure I would have passed out if it had not been for your prayers.—*J. H.*

McKeesport, Pa.—I asked your prayers for a condition in my throat. Before your letter came, I began to have little spells of bleeding from both nose and throat. This continued at intervals for about two weeks. I did not try to use my voice, for there seemed to be a tired feeling in the throat muscles. About the third week I could feel a little thrill, and without thinking, I began to sing. I wish I could tell you clearly just how I felt at the first few bars. I could scarcely think the smooth clear notes were my own. There was no effort, just a natural outlet, it seemed to me. You have no idea how I love music, and now that my throat has cleared up I expect to go on with my studies. I had almost given up hope the past few months as the dust from the mills here kept me constantly choking. I am so thankful for the never-failing help of our Father.—*Mrs. F. S.*

Bottineau, N. D.—I wrote you some time ago for my daughter. She was so bad that she could not dress herself or comb her hair. Her hands and feet were so badly swollen and numb and sore. She consulted two doctors and they told her that if she didn't have an operation she could not live long. This gave her such a shock she nearly lost her mind, and wrote to me about it. I answered at once and told her I was writing you for prayers. About a week after, she began to get better, and in every letter she writes now, she says she is so much better. She feels like singing for joy, all the time. In the last letter she did not mention her troubles at all, but said she was sewing. I am thankful.—*Mrs. R. B. R.*

Omaha, Neb.—I have been holding the thought you gave me for my eyes. They do not smart and I am sure I see better since writing you. I am very thankful. I praise God and rejoice every day for the help I have received from blessed Unity. Mrs. L. continues to improve also. She has gained eleven pounds in weight and her recovery is wonderful.—*I. M. U.*

Taplin, Idaho—My little boy was taken very sick. I was all alone with the two children, and two and one-

half miles from help. I knew God was with us, and if I could just collect my senses to ask for his help, all would be well. I began by denials and affirmations and soon felt sure my prayers would be answered. I put away all worry and just trusted to the great healing power. On Monday the little boy was up nearly all day playing with his baby brother, and Tuesday was well except a cold that has disappeared now. I cured my toothache in the same way. I understand the Truth better each day and find so much happiness in learning. I quit eating meat in October and am feeling fine.—*Mrs. E. G.*

Occidental, Cal.—I was suffering with peritonitis in addition to several chronic complaints. I could not have been lifted in and out of bed in the most gentle manner without undergoing agony. But no more retrospection. Our prayers have been answered. Through my faith and trust in God I am enabled to take up my bed and walk once more.—*S. K. R.*

Clarkdale, Ariz.—This will acknowledge my recovery from an attack of so-called grippe, for which my mother asked your prayers. At that time I was confined to my bed, experiencing intense pain in my head. To my surprise there was a complete change in the space of a few moments. Upon comparing time and dates I find that the change in my condition took place about the time she mailed her letter to you.—*G. P. B.*

Greensboro, Ind.—After I mailed the letter asking for your prayers, I rested quietly until the doctor came. By that time the pain was gone from the upper part of the throat, and when he made the examination he pronounced it entirely free from diphtheria germs, although I know I had the very same thing that others in the neighborhood had. It commenced in the same way, and the sore throat developed at the same time, so I consider it a clear case of spiritual healing and am rejoicing over it.—*Mrs. B. M. W.*

Lakeland, Fla.—Some months ago I asked your prayers for a growth on my nose. I am happy to tell you it has nearly healed. I have been faithful in my affirmations.—*E. J. M.*

Birchtree, Mo.—I am still praising the Lord for good health. It has been over two months since I have taken a dose of medicine and I have not had the headache.—*Mrs. E. J. B.*

Wilkinsburg, Pa.—I am sending you an expression of loving gratitude for some proofs of the healing of others

through the beautiful Truth you teach. One case was Saint Vitus Dance in an extreme case, and another was a fear of cancer of the throat.—*F. G.*

Deep Park, B. C., Canada—I wrote you some time ago about my deafness and asked your prayers. I am thankful to say that about the time my letter reached you I was cured, and I have not had the trouble since.—*Mrs. C. C.*

Richfield, Idaho—Since I began the study of your teachings I have simply forgotten a chronic ailment, Bright's Disease, that had been with me for years. I was not conscious of any healing. It just dawned upon me one day that I was well.—*Mrs. J. J. M.*

Cleveland, Ohio—I thank you so much for your prayers for I've had a wonderful demonstration. Gave birth to a big baby boy without pain. I am so delighted that I've found the Truth, and know God is with us.—*Mrs. H. C. N. B.*

Los Angeles, Cal.—My son is better than he has been for more than a year. He has not a particle of asthma and has work collecting for a large firm. It is nice out-of-door work and we are all so happy.—*B. B. H.*

Soper, Okla.—For more than a month, my husband had had toothache in a very bad form, and when I tried to get him to see a dentist, he said he thought the tooth had grown to the jawbone and he was afraid to have anything done. A few days ago I said to him that I was going to ask Unity to treat him, but then it occurred to me that I knew how to deal with the problem and told him I was going to treat him. He consented, and after declaring the Word, "You are Spirit, child of God, free from evil and full of good. Spirit cannot suffer pain," for about fifteen minutes, I inquired how he was and he said his tooth was easy. That was several days ago and he has not had a touch of pain in his tooth or face since. I have reached that state where I have no criticism nor condemnation for anyone or anything. I bear no malice or unforgiveness toward anyone and am very thankful for this realization.—*Mrs. M. P. S.*

Concord, N. H.—Nearly a year ago I wrote you for prayers for a dreadful nervous trouble which my daughter had. Doctors gave no hope of her ever being any better, but praise God she is better today than she has been for at least seven years.—*Mrs. S. A. T.*

Thousand Island Park, N. Y.—I am very glad to tell you that there has been a very marked improvement

in R. L. The fever was broken earlier than attending physicians expected. The child's mother was deeply impressed by the evident help given to the child from spiritual sources. She says that she will never again doubt the power and love of God, which has been so plainly manifest. Everyone considers the case very remarkable as there was no delirium or loss of consciousness, although the temperature registered 105 degrees. The child was quiet and called the "best child they ever had in the hospital."—*H. M. A.*

PROSPERITY

Portland, Ore.—I wrote you in April for prayers for prosperity and sent for the little bank. At that time I was out of a position and did not know what I would do next, but I have learned to "trust and not be afraid," so just waited for whatever was to come to me. In a few days a position was offered me. It is better than any I have had and double the salary. I was so amazed at the ease with which the Spirit worked, and the lesson I learned will last me forever. I have been paying up my debts also, the first chance I have had to be really out of debt for ten years. You can imagine how grateful I am. About a year ago I was talking to a neighbor who was discouraged and downhearted. Her life was full of hard work and conditions not at all to her liking. I told her how to praise for the things she wanted; gave her a number of UNITYS to read, and assured her she would win what she wanted if she only persevered. I did not see her again until yesterday. I walked into her place of business, saw her happy and contented and prosperous in the work she had wanted to do for thirty years. We sow the seed and the Spirit takes care of the harvest.—*M. E. R.*

Little Rock, Ark.—During the last week of prosperity treatment, my daughter, who was receiving a salary of sixty-five dollars per month, was changed to another position which paid her one hundred and fifty per month. I am truly grateful for this demonstration. I have been wonderfully benefited, and I am sending you a love-offering. Last summer I visited my brother, for whom I asked your prayers. He looked so much better; his eyes had a clearer expression, and he is in excellent physical health. I know he has been benefited by your prayers.—*Mrs. I. M. G.*

Detroit, Mich.—About two months ago, I wrote you, asking that your assistance might be given in opening up the

way for me to go to Detroit. I decided to step out on faith and I came here, securing a very good position the day after my arrival. Please accept my thanks, also an offering. —*M. L. W.*

Bishop Hill, Ill.—Just a few days after my sister wrote you for prayers to get my note secured, help came without any effort on my part. It seems so wonderful that it fills my heart with thankfulness to God for his goodness. —*Mrs. E. L.*

Carbondale, Ill.—I wrote you, asking your prayers for health for my husband and myself, and that he might get work. God has certainly answered those prayers, for he has had plenty of work, and his health has improved wonderfully. I praise God every day for his goodness to me. My cough is better, and I am getting over my fear of consumption, and the rheumatism in my arm is gone. I can use my arm to do all the work I need to do, and during the past Spring I could not even raise it up. May God bless you in your good work.—*Mrs. M. T.*

Dayton, Ohio.—It has been less than three weeks since we first wrote for your prayers and our whole affairs have changed. We are beginning to see our way out. Our business prospects are 100 per cent better than when we asked your prayers. We thank you.—*Mr. and Mrs. R. E. A.*

Chicago, Ill.—When I first wrote to you, I was out of work and seemed unable to get anything to do. A few days after, I secured a position with a company at a very small salary, but I was very thankful. I was not here three weeks when my salary was raised to $15.00 per week without my asking for it.—*M. E. S.*

Pocatella, Idaho—I wish to express our heartfelt thanks to God and to you for the good that has come to us. Just a few days after I wrote you, my husband got work which we hope will be permanent. Things look brighter for us in every way.—*Mrs. J. M. J.*

Green Bay, Wis.—My husband had been trying to get a salesman's position to travel for a large concern in our state; that was about a month ago, but he could not take the offer as they required so much money as security. Yesterday one of their men came and offered it so reasonable, that he has signed to work for them. I am so happy I could sing all day for joy, and I feel sure God will make things right.—*Mrs. C. H. J.*

San Francisco, Cal—I asked your prayers in solving a financial problem. It seemed at the time of my writing that

it was absolutely necessary that I have quite a sum of money within the week. I held steadily to the thought that my affairs were arranged in Divine Order, and that in his way the Lord would provide and so it was proven, for affairs adjusted themselves beautifully and I did not need the money for the purpose I expected. I consider my present position one of God's kindnesses to me also. I have had it nearly three months, it being something entirely different from anything I ever did before. I have about fifteen girls and three boys under my management, and where other managers have always experienced considerable friction, harmony has reigned since I have been here. I have tried and have loved them all. Taking it altogether I could not have created a position to suit me better.—*E. C. W.*

Racine, Wis.—Your prayers for my husband's prosperity have been answered. We had almost given up, but all at once the blessings came, and I am constantly holding prosperity thoughts for him. He has the best position he has ever had, and I wish to say that I am daily being blessed. We thank God and Unity for the interest you have taken in us, and as for myself I am constantly feeling better and stronger. Stomach trouble is disappearing, and I sleep better. I know that the harmonizing and healing power of the Holy Spirit is established in me.—*Mrs. A. E. D.*

Staunton, Va.—Soon after receiving the Prosperity Bank which you sent me in September, I had a wonderful demonstration. I was much worried over financial matters. My school was delayed in opening, and I did not know how I could manage through October. In the midst of my worries I received a letter from my brother, in which he sent me a check for fifty dollars, although I had told him nothing of my situation. I acknowledge the blessings of God in this matter.—*Miss C. H.*

Stevensville, Mont.—I am sending a free-will offering. I earned most of it by holding the thought, "I am about my Father's business." I wanted this amount to send to you, and work was offered that paid it. I told the person about Unity, when she insisted on giving me more than I asked. I am so happy. God be with you all.—*L. C. L.*

Little Rock, Ark.—Just two days after I wrote you asking prayers for prosperity, I had a telephone call from a real estate man, saying my house, which had been vacant several months, had been rented.—*E. A. D.*

Los Angeles, Cal.—I feel that the Lord is blessing us more and more each day and realize that God is the Source

of all supply. I have been able to pay part of my indebtedness and am so thankful.—*Mrs. F. M.*

Detroit, Mich.—I asked your prayers as I had to move, and places for rent are almost impossible to find in this city. Everybody said, "Well, you won't find any," but I want to tell you the answer to our prayers came and I found a flat which is much nicer than the one we left, and found it on the very day that our rent was due. I am very thankful.—*A. H.*

Austin, Texas—I was so deep in debt that I hardly knew what to do. But things have changed for me since reading UNITY. I was behind with my taxes. They were not paid until the last day that the suit came up. Another thing, my husband and I have been separated for seven years, and I had a letter from him recently stating that he would be home soon.—*Mrs. C. P. H.*

Los Angeles, Cal.—I am very thankful to report my financial affairs much improved, and you may discontinue your ministry for me. You are certainly doing a wonderful work.—*G. C. W.*

Brooklyn, N. Y.—We are so very thankful for all the good things that are coming our way. My little mother has always longed for a home of her own and in the most unexpected way, it has been given us. Best of all she is so happy, that she is quite free from the rheumatism. Praise God.—*J. L. C.*

Portland, Ore.—We are gradually gaining ground spiritually and financially. Each month sees us just a little more out of debt. None of your prayers in our behalf have been in vain. Our daily lives and conduct have become more Christ-like within the past year. We sincerely love the Unity Society and its uplifting work. I have subscribed to UNITY magazine for many friends and relatives, and I am pleased to say it was a God-send to each of them, and they are gladly taking up the work. Wishing you much spiritual success, I am yours in His service.—*C. W. S.*

FREEDOM

Long Beach, Cal.—I used to be so full of fear and worry, that I was nearly ill. That has left me and I am trusting in him to straighten out the worldly affairs. The change in my mental state has been such a great blessing to me and I am so thankful to God.—*Mrs. J. J. M.*

Superior, Wyo.—My husband stopped drinking immediately after you began praying for him. He is very

good and kind now, and incidently, he is making more money. My bad temper is just melting away, and best of all I am beginning to know and understand God. It's the greatest thing that ever happened to me and I am going to keep on until I can become a member of your Correspondence School. We thank you heartily for showing us the way to true life.—*F. M.*

Galveston, Texas—One of my nephews was accused of taking some little rubber taps belonging to shoe heels. We were advised that the boy was all right and there was no need to be concerned, but when he came before the judge he seemed uncared for, and was sentenced to two years in a reformatory school. I knew nothing of the whole thing, but his sisters came for me to see what I could do, and as I went to see the judge, I asked Divine help, and prayed that the prison doors be opened, and the boy be set free. This was done, and I have been rejoicing and thanking God and you for all this good.—*V. S.*

Montour, Iowa—I am happy to tell you that your prayers for my husband's tobacco habit have been successful. I think it quite wonderful, as he has used more tobacco than any one I ever knew, ever since he was a child. He has been using very little for two months, and has used none for a week past. He says he has no appetite for it now.—*Mrs. J. M.* W.

San Jose, Cal.—Recently, we had a very severe wind storm and were much frightened, especially my daughters. I told them to hold the thought, "I fear not, for God is with me." They did so and became quiet, and dropped to sleep. I am so thankful to the Lord for his care and protection. I fully realize he answered my prayers.—*L. D.*

Chicago, Ill.—Your helpful letter was received and my heart goes out in deep gratitude for your loving ministrations. How wonderful are the ways of God. When I opened your letter and read the inclosed affirmation, "The Consciousness of the all-enfolding love of God casts out every thought of fear," I was thrilled with delight, for they are the words that came to me after I had mailed you my request for prayers to overcome the fears that robbed me of my peace and confidence in God's healing Word. Now I know you spoke and they reached me long before your letter did and accomplished that whereunto they were sent.—*Mrs. N.*

San Antonio, Texas—A year ago this month I asked your prayers for my brother, who was out of work, brought on by drink. After receiving your instructions, I continually

held the thoughts you sent me for him. About a month later he quit drinking and running around with bad company, and from that time has lived the right life. He told his wife he did not understand why it was so easy to give it all up and that he has no desire for intoxicants. Always before when he had tried to break off, he had such a craving for it, he could not leave it alone. He was made very happy last Monday, when he got a job braking on the road, after being off eight years. It is just what he has been wanting for so long. Two years ago I wrote you because I seemed to be a nervous wreck. I am entirely cured of that. I have thrown off all fear. I know what true happiness is. "Ye shall know the Truth and the Truth shall make you free." —*A. R.*

Medford Hillside, Mass.—The windows of heaven are surely opened, and the blessings of God are pouring upon us. I thank you for your heavenly ministrations. When I mailed my last letter to you I was indeed sorrowful. My dear one was in a drunken sleep. All my affairs seemed hopeless. Hardly had my letter been mailed when Mr. H. said, "I am better, I do not need any more of that medicine. I am not going to drink any more." The following day he received a letter from an old friend suggesting a new line of work. Nor is this all—Mr. H. said to me, "You must have a home now, you have longed for it." He has found a new house, stucco, finest workmanship, and one glorious mass of light. First came complete disintegration—we surely were in small pieces—now we are being transformed into His image. Mr. M. does not believe in this as yet, and he constantly says, "I do not know why I am doing this." It is the Holy Spirit. I praise God every moment of my life. Your ministrations have brought me spiritual realization. God grant that I may be able to help some one else as much as you have helped me.—*M. F. H.*

Portland, Ore.—I thank you for the prayers you have given me. I have experienced a calmness and assurance such as I had scarcely dreamed of. The hopelessness that sweeps me away into a whirlpool of anger and despair, bordering on insanity (the doctors call it that) seems to have lifted, and I am free from it for days at a time. My face and scalp are surely clearing up, also.—*Mrs. J. D. S.*

Hazleton, Pa.—The man for whom I was praying, for overcoming the liquor habit, is entirely free. I thank God for this, and I thank you for the help you gave me in this particular case.—*Mrs. W. T. McG.*

PUBLISHERS' DEPARTMENT

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UNITY one year, in Canada	1.12
UNITY one year, all foreign countries	1.25
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SPECIAL TERMS

One three-years' subscription to UNITY to any one name in United States, $2.00.

One three-years' subscription to UNITY to any one name in Canada, $2.36.

One three-years' subscription to UNITY to any one name in Kansas City, Mo., or foreign countries, $2.75.

Three subscriptions one year, whether new or renewal, when sent together, terms as above.

ALL SUBSCRIPTIONS PAYABLE IN ADVANCE.

CHANGE OF ADDRESS

When writing for change of address, please be sure to give your name just as it appears on the UNITY wrapper, and also state the old address as well as new. Subscribers are requested to send their change of address so that it will reach us before the 5th of the month. UNITY is mailed from the 12th to the 15th of each month, but as it requires several days to correct our list, we should have notice of change by the 5th. We shall appreciate having the changes of address at an early date.

A GREETING TO THE "SEVENTYS"

The Headquarters of the Society of Silent Seventy wishes to extend a hearty New Year Greeting to all its members. We thank you for your co-operation during the past year as evidenced by the many enthusiastic reports received from those who have been benefited by the literature sent out from this department, and uplifted by their own good work.

Renew with us your efforts, and let us see if the year of 1917 cannot be made a year apart from all others by the fact that we then became the radiating centers for greater Spiritual Power. Humanity stands in need of this spiritual impetus, and it is only those who glimpse the Light who can carry the message of its Eternal Existence.

The Silent Seventy is such a messenger, and has within it the possibility of a great destiny, which will come to the organization as a whole in proportion to the Spiritual Realization of its individual members.

We invite all readers of UNITY to communicate with this department. We will then send them our bulletins telling of the character and purpose of this organization, and they may judge for themselves of its merits.

There is no time in Spirit, and the Eternal Now is always new—but we take this occasion to wish you all a Happy and Prosperous New Year.

FOR FOREIGN SUBSCRIBERS

We quite often have requests from subscribers living in Australia, South Africa, and other far distant countries, that the Silent Unity "Class Thought" be given in UNITY for one month in advance. In response to such requests we give below the thought that will appear in the February UNITY:

CLASS THOUGHT

February 20, to March 20, 1917

Held daily at 9 p. m.

I am Now Healed by the Vitalizing Power of the Spirit.

Our readers will be interested to know that the new cloth editions of "Christian Healing," "Lessons in Truth" and "Miscellaneous Writings" have been bound exactly alike. Each is covered in a rich, dark blue cloth, and when all three are together, being the same size and color, they form a handsome Unity library. All of our future cloth bound books will appear in this uniformity of binding.

MISCELLANEOUS WRITINGS

A New Book, by H. EMILIE CADY, *author of "Lessons In Truth," Etc.*

Rarely does one find a volume whose contents have helped humanity as the various articles have that comprise the reading in this important book. Most of the essays contained in "Miscellaneous Writings" have gone through many editions, indicating an unusual demand made by the public. Each chapter in it has passed the final test of merit, which is the test that proves to the reader the value of the book. This, H. Emilie Cady's works have done, for countless numbers today are rejoicing for having heeded the message from the pen of this inspired woman. When faithfully applied, Miss Cady's message results in health, harmony, prosperity and happiness.

Eleven articles of spiritual interest have been selected for this volume of "Miscellaneous Writings;" a number of them have never appeared in booklet form. The contents follows:

If Thou Knewest; The Spoken Word; Unadulterated Truth; In His Name; Oneness with God; God's Hand; Trusting and Resting; Neither Do I Condemn Thee; Loose Him and Let Him Go; All Sufficiency in All Things; Finding the Christ in Ourselves.

Printed in large attractive type on very good book paper. In paper binding this book sells for 50 cents; cloth binding, $1.00.

Would you care to have us send you six assorted recent issues of UNITY Magazine? The only charge made for the valuable reading is for the expense of mailing them, which is ten cents. The magazines sent will be ones taken from our surplus files, and will therefore be our choice.

If you want the six magazines, send a dime (or ten cents in stamps) and we will mail you an assortment.

The complete index for UNITY Magazine for July, August, September, October, November and December, 1916, is now ready for delivery. It will be sent to any address on receipt of five cents for postage.

HELPED BY THE CORRESPONDENCE SCHOOL

Galt, Ontario, Canada—I have great reason to thank God for leading me to take up this beautiful study. Have needed such lessons to stir me from self-complacency and inspire within the Power, Love, Wisdom and Substance waiting to be acknowledged and given expression. The consciousness that God is all and in all, is growing constantly, and what joy, peace, freedom and happiness it brings. The darkness flees away and is no more. The living Christ is the real living presence, the only reality. The Truth is making me free. I give thanks for the blessing of your service, for it becomes an endless chain of good. I am very thankful to have such a lesson as the one on Prosperity. The Spirit of Truth has quickened my consciousness of everywhere present Substance.—*M. A.*

Pleasant Hill, Mo.—Inclosed herewith you will find the answers to the test questions for the Second Lesson. This lesson was of much importance to me as I am being healed through this new understanding. A wonderful change is taking place in me, so wonderful that I can hardly realize that it is so. My doubts are vanishing and my statements are being manifest in the outer realm.—*A. B.*

Seattle, Wash.—The first lesson in your Correspondence Course reached me a few days ago and I wish to thank you for it. At the same time I wish to tell you that I have never studied or meditated upon any line of thought that has been such an absolute joy and satisfaction to me. The study of this lesson has revealed to me such an understanding and light regarding the kingdom within.—*M. J.*

Los Angeles, Cal.—When I first received the lesson on Prosperity, it was "Greek" to me, but now it is the Truth clearly, and I am claiming God as Substance and am wondering that we do not just naturally understand it, as it is so plain.—*M. L. W.*

Malden, Mass.—I have thoroughly enjoyed the study of Lesson Five, and feel so happy in the work of overcoming, which I am trying to do. Please accept the love-offering and may it increase a hundred fold.—*Mrs. E. D. T.*

New York City—I want to thank you for the painstaking comments you gave my first answers. Having been a high school teacher, I realize the time and effort required for the proper grading of papers. Your just comments show such keen insight in calling attention to delicate discriminations of meaning. I know that Prayer and Understanding have aided in my recent spiritual growth.—*G. R.*

HELPED BY UNITY LITERATURE

Meadville, Pa.—Words are really inadequate to express to you the benefits that I have received since coming into the better understanding and knowledge of the Truth. I have been greatly benefited

by your help, and new ways are constantly opening up to me which I never saw before, and for which I continually praise and thank God. My business has grown, and I am more than encouraged because a new light has opened itself to me. "Lessons in Truth," and your "Christian Healing," are so dear to me that I just revel in the truths contained therein. I cannot thank you sufficiently for the spirit of love and hope that you have inspired me with, and I thank God with all my heart for the Unity Society, and the truths so beautifully brought to me through the same.—*J. B.*

Mansfield, Ohio—I can never thank you enough, and to pay you for all your wonderful works and all I have learned through your teachings, would be impossible.—*A. M. C.*

St. Louis, Mo.—I want to tell you how thankful I am to my friend Mrs. L., of Oklahoma City who subscribed for UNITY magazine for me. I am delighted with its principles and teachings; yes, stronger than that expression, I am in love with every word it teaches. My! what good sense, and so plainly explained. I cannot see how anyone can fail to catch its true meaning. I have been reading Christian Science for a year, attended several lectures and think it is a great and wonderfully interesting study. It was the first plain and true understanding of the Bible I ever had. Like most people I could never get interested in the Bible's seemingly "complicated sayings," but now I love to read, and I really and truly am zealous for the further study of these books which fill me with pleasure. I can scarcely put them down. I must admit that the teachings of "Christian Science" brought my first inspiration, but now I am much more interested in Unity. Every thought and explanation is beautiful, and I want more of your books to instruct me.—*Mrs. C. F. H.*

WEE WISDOM MAGAZINE

The parent or guardian should watch closely the mental development of the child who is in his care. Thought habits formed by a child determine the character of the man or woman that that child will become. The young mind is receptive and plastic. While in this formative state the child lays the foundation of his character and destiny.

Place into the hands of the child stories, pictures, poems and letters that contain helpful thoughts and ideas. Such valuable companions help to make boys and girls wiser, healthier and happier. WEE WISDOM Magazine is the ideal friend to little folks. It brings them bright, interesting and constructive things. It teaches children how to think along the right lines, and does it in a way that is interesting to wideawake boys and girls. Price 50 cents a year.

TO UNITY SUBSCRIBERS

Favor will be conferred upon the publishing department of the Unity School if each subscriber, when renewing his subscription, will copy his name and address exactly as it appears on the mailing wrapper in which the last issue of UNITY was received.

Please notice the color of the magazine wrapper. A pink one indicates the expiration of your subscription.

A mark around this notice shows that your subscription expired last month. Promptness in renewing will be gladly appreciated.

For the convenience of our subscribers, we would suggest that when the blue mark or pink wrapper is noticed you tear off that part of the wrapper upon which your name and address appears, inclose it with your remittance for renewal and mail it to us. We will understand that it is your renewal.

TWO HANDSOME BOOKS

At last you may have, in an exquisite limp edition, "Lessons in Truth" and "Christian Healing" bound in a cover not made from animal skin. Without the use of real leather our book-binders have produced these books in a beautifully grained morocco cover with a soft lining. We must acknowledge that the volumes are handsome; lovers of artistic books have sent hundreds of them to friends as choice gifts.

The binding is not only handsome, but also substantial and durable. Through the tests that it has gone, we are sure it will outlive regular book leather. The flexible cover of these volumes lends much to their beauty and adds greater serviceability to the books.

Being in a pocket edition, the books have been printed on very thin paper; completed they measure only 4⅜x7¼ inches, and are less than half an inch thick, but the type is large and clear.

The books are most attractive. Each volume is wrapped in a sheath of shimmery, daintily ribbed paper and placed in a neat little grey panelled box. The box is again wrapped to keep from soiling in handling. One could not hope to choose a more dainty and artistic gift. The large, clear type, the convenient size, the rich contents within—all are a constant source of delight to the fortunate possessor.

The price of "Christian Healing" and "Lessons in Truth" in flexible binding is $2.50 per volume.

IMPORTANT NOTICE TO SUBSCRIBERS

At the expiration of your UNITY subscription, please renew at once. When a yellow blank is found under this notice, it means that your subscription expired last month. If the blank is placed in this issue your renewal should reach us before the 5th of February to avoid missing the next number. Use money order if possible; but bills or two-cent stamps may be sent at our risk.

TO FURTHER THE SPIRIT OF UNITY

Many requests for the names of our subscribers in various places are coming to us, the object of the writers being to get acquainted with others of like thought. It is a rule among publishers not to give out the names of subscribers, because people do not wish to be intruded upon. However, those of the same spiritual thought are often strengthened by coming in touch with one another, and for this reason we desire to help make such acquaintances. We will not give the names of our subscribers, but instead will publish the names of those who have written us for lists. We cannot grant the privilege to everybody, but to those only who we have reason to believe are sincere seekers for Truth. The following would like to meet Unity people in their vicinity:

Ethel Luthill Chadwick, 31½ Union Ave., Pensaukew, N. J.

Mrs. R. R. Griffiths, 811 3d St. L., W. Canton, Ohio.

Miss Beatrice Jenkins, 1411 E. St. Louis St., Springfield, Mo.

Mrs. A. Pope, 1837 S. 8th St., Terre Haute, Ind.

Flora E. Hooten, 4008 Arcade, Seattle, Wash.

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1-17

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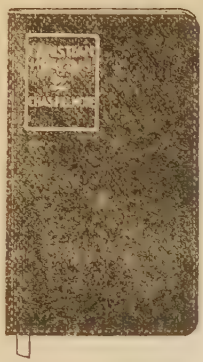
CHARLES FILLMORE



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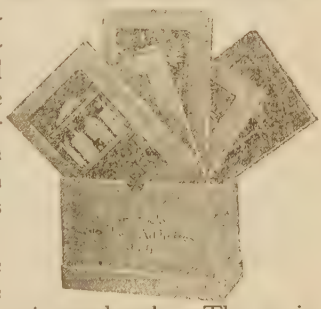

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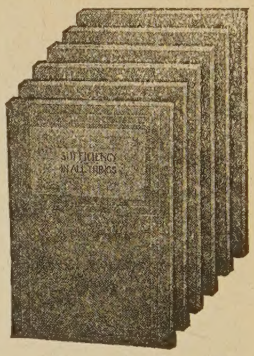

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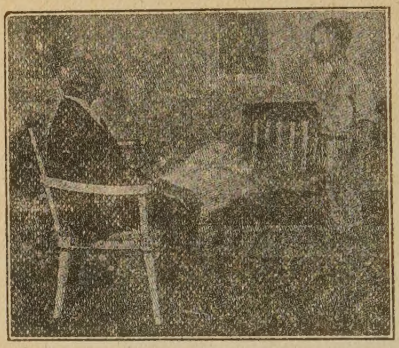

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